

## 10 km - Heubacher-Sport-Weiße-Pokal

| Platz | StNr | Name                     | NAT | Team/Verein/Ort           | Klasse | Platz | M/W | WP 5km  | Laufzeit  |
|-------|------|--------------------------|-----|---------------------------|--------|-------|-----|---------|-----------|
| 1     | 798  | ENDERLE, Michael         |     | TSG Söflingen             | M 23   | 1     | 1   | 0:17:12 | 0:33:32,1 |
| 2     | 666  | GROßKOPF, Johannes       |     | Sparda-Team Rechberghause | M 23   | 2     | 2   | 0:17:11 | 0:33:38,1 |
| 3     | 765  | CHARLES-MANGEON, Benoit  |     | TF Feuerbach              | M 23   | 3     | 3   | 0:17:10 | 0:33:48,6 |
| 4     | 764  | SCHNEKENBURGER, Fabian   |     | TF Feuerbach              | M 23   | 4     | 4   | 0:17:11 | 0:34:12,4 |
| 5     | 975  | DIGEL, Michael           |     | Sparda Team Rechberghause | M 35   | 1     | 5   | 0:17:28 | 0:35:31,9 |
| 6     | 767  | WENGER, Raphael          |     | TF Feuerbach              | M 30   | 1     | 6   | 0:17:19 | 0:35:52,4 |
| 7     | 999  | LOOK, Jan-Casper         |     | MTV Stuttgart             | M 30   | 2     | 7   | 0:17:43 | 0:36:08,1 |
| 8     | 866  | MÜLLER, Ralph            |     | VfL Waiblingen Triathlon  | M 40   | 1     | 8   | 0:18:00 | 0:36:35,5 |
| 9     | 836  | LÜCKER, Max              |     | TSG Söflingen             | M 23   | 5     | 9   | 0:18:10 | 0:36:57,3 |
| 10    | 943  | WELLER, Tilo             |     | Skiclub Plüderhausen      | M 40   | 2     | 10  | 0:18:16 | 0:37:03,9 |
| 11    | 969  | SCHUBERT, Karsten        |     | TSG Söflingen             | M 23   | 6     | 11  | 0:18:00 | 0:37:09,1 |
| 12    | 805  | KLOTZ, Benjamin          |     | Nonplusultra Esslingen    | M 30   | 3     | 12  | 0:18:02 | 0:37:11,2 |
| 13    | 899  | SCHEURLE, Felix          |     | DJK GD                    | M 30   | 4     | 13  | 0:18:10 | 0:37:15,8 |
| 14    | 886  | WALTER, Wolfgang         |     | Schwäb. Gmünd             | M 50   | 1     | 14  | 0:18:41 | 0:37:34,6 |
| 15    | 768  | WENZEL, Alexander        |     | TF Feuerbach              | M 40   | 3     | 15  | 0:18:34 | 0:37:44,8 |
| 16    | 673  | FEILING, Jan             |     | Hot Socks Leutenbach e.V. | M JU   | 1     | 16  | 0:18:11 | 0:37:56,1 |
| 17    | 693  | HINTERSCHWEIGER, Andreas |     | DJK Göppingen             | M 45   | 1     | 17  | 0:18:43 | 0:37:56,7 |
| 18    | 756  | SCHUMANN, Andreas        |     | TF Feuerbach              | M 40   | 4     | 18  | 0:18:36 | 0:38:06,3 |
| 19    | 732  | KREBS, Steffen           |     | KSK Ostalb                | M 30   | 5     | 19  | 0:18:38 | 0:38:17,2 |
| 20    | 848  | KNAPP, Anja              |     | SG Dettingen/Erms         | W 23   | 1     | 1   | 0:19:19 | 0:38:26,8 |
| 21    | 837  | KRÜGER, David            |     | TSG Söflingen             | M 23   | 7     | 20  | 0:18:44 | 0:38:34,4 |
| 22    | 980  | MÖNCH, Uwe               |     | Backnang                  | M 40   | 5     | 21  | 0:19:02 | 0:38:38,5 |
| 23    | 1019 | VAHINGER, Thomas         |     | VfL Waiblingen Triathlon  | M 40   | 6     | 22  | 0:18:58 | 0:38:39,4 |
| 24    | 942  | HANN, Uwe                |     | DJK Schwäb.Gmünd          | M 45   | 2     | 23  | 0:18:39 | 0:38:46,6 |
| 25    | 970  | BERLEB, Stefan           |     | Die Einhörner             | M 40   | 7     | 24  | 0:18:54 | 0:38:56,3 |
| 26    | 868  | KNÖPFLE, Stefan          |     | Schwäbisch Gmünd          | M JU   | 2     | 25  | 0:19:21 | 0:39:07,2 |
| 27    | 841  | KELLER, Jürgen           |     | LG Filstal                | M 50   | 2     | 26  | 0:19:20 | 0:39:43,5 |
| 28    | 747  | TEZLAW, Paul             |     | Mucha Pulverbeschichtung  | M 23   | 8     | 27  | 0:19:40 | 0:39:55,2 |
| 29    | 994  | STETTNER, Roland         |     | SV Hermsdorf              | M 23   | 9     | 28  | 0:19:47 | 0:39:56,3 |
| 30    | 827  | HEILIG, Thomas           |     | Salach                    | M 35   | 2     | 29  | 0:19:49 | 0:40:06,4 |
| 31    | 876  | ILZHÖFER, Helmut         |     | KSK Ostalb                | M 55   | 1     | 30  | 0:19:39 | 0:40:07,6 |
| 32    | 744  | STECK, Dietmar           |     | AST Süßen                 | M 40   | 8     | 31  | 0:19:20 | 0:40:10,1 |
| 33    | 604  | WEILAND, Mario           |     | Essingen                  | M 40   | 9     | 32  | 0:19:40 | 0:40:23,0 |
| 34    | 957  | SIMONIS, Harald          |     | Aalen-Wasseralfingen      | M 23   | 10    | 33  | 0:19:47 | 0:40:24,2 |
| 35    | 850  | ZETZMANN, Uwe            |     | LT Heidenheim             | M 40   | 10    | 34  | 0:20:07 | 0:40:48,1 |
| 36    | 772  | KÜBLER, Michael          |     | BW-Bank                   | M 23   | 11    | 35  | 0:19:55 | 0:40:51,0 |
| 37    | 1013 | SANDROCK, Dirk           |     | O-SYWCE                   | M 45   | 3     | 36  | 0:19:53 | 0:40:51,6 |
| 38    | 758  | GEIB, Walter             |     | TF Feuerbach              | M 55   | 2     | 37  | 0:20:10 | 0:40:56,0 |
| 39    | 757  | FRODERMANN, Bernd        |     | TF Feuerbach              | M 50   | 3     | 38  | 0:19:58 | 0:41:02,9 |
| 40    | 971  | SIEGMUND, Andreas        |     | LT Auenwald               | M 45   | 4     | 39  | 0:20:00 | 0:41:16,1 |
| 41    | 760  | JANZEN, Kathrin          |     | TF Feuerbach              | W 30   | 1     | 2   | 0:20:33 | 0:41:27,0 |
| 42    | 773  | SCHROEDER, Moritz        |     | BW-Bank                   | M 23   | 12    | 40  | 0:20:03 | 0:41:33,1 |
| 43    | 775  | WITTNER, Nicola          |     | TG Donzdorf               | W 40   | 1     | 3   | 0:20:13 | 0:41:34,3 |
| 44    | 976  | FOLZ, Dieter             |     | RRMC Langenau             | M 50   | 4     | 41  | 0:20:14 | 0:41:35,3 |
| 45    | 1023 | REINSTADLER, Martin      |     | LT Lok Märklin            | M 40   | 11    | 42  | 0:19:58 | 0:41:47,1 |
| 46    | 936  | SCHMIDT, Wolfgang        |     | DEizisau                  | M 45   | 5     | 43  | 0:20:30 | 0:41:52,9 |
| 47    | 705  | GLABASNIA, Lutz          |     | ZF Lenksysteme 1. Team    | M 40   | 12    | 44  | 0:20:30 | 0:41:58,2 |
| 47    | 1018 | SIRIM, Alper             |     | Rote Socken e. V.         | M 45   | 6     | 44  | 0:20:53 | 0:41:58,2 |
| 49    | 766  | WENGER, Martina          |     | TF Feuerbach              | W 35   | 1     | 4   | 0:20:57 | 0:42:01,6 |
| 50    | 987  | KÖHLER, Miriam           |     | LG Brandenkopf            | W 23   | 2     | 5   | 0:20:36 | 0:42:10,1 |
| 51    | 989  | HEINTZE, Florian         |     | Nonplusultra Esslingen    | M 30   | 6     | 46  | 0:20:34 | 0:42:11,5 |
| 52    | 951  | RIES, Wolfgang           |     | Www.maier-schuhtechnik.de | M 23   | 13    | 47  | 0:20:52 | 0:42:15,9 |

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| Platz | StNr | Name                  | NAT | Team/Verein/Ort           | Klasse | Platz | M/W | WP 5km  | Laufzeit  |
|-------|------|-----------------------|-----|---------------------------|--------|-------|-----|---------|-----------|
| 53    | 826  | MASLO, Günther        |     | LAC Essingen              | M 60   | 1     | 48  | 0:20:46 | 0:42:30,6 |
| 54    | 690  | WALLNER, Katrin       |     | LSG Aalen                 | W JU   | 1     | 6   | 0:20:28 | 0:42:41,9 |
| 55    | 853  | STEINLE, Andreas      |     | Schorndorf                | M 35   | 3     | 49  | 0:20:24 | 0:42:44,4 |
| 56    | 763  | SCHLENKER, Erhard     |     | TF Feuerbach              | M 50   | 5     | 50  | 0:21:02 | 0:42:45,2 |
| 57    | 958  | KRAPF, Gunther        |     | LT Lok Märklin            | M 40   | 13    | 51  | 0:21:03 | 0:42:46,3 |
| 58    | 795  | FISCHER, Stefan       |     | Fischer Druck             | M 23   | 14    | 52  | 0:20:42 | 0:42:48,2 |
| 59    | 796  | FISCHER, Thomas       |     | Fischer Druck             | M 30   | 7     | 53  | 0:20:58 | 0:42:48,3 |
| 60    | 891  | SCHOLZE, Holger       |     | DJK Schwäb.Gmünd          | M 55   | 3     | 54  | 0:20:55 | 0:42:51,3 |
| 61    | 979  | HUBER, Matthias       |     | Backnang                  | M 40   | 14    | 55  | 0:20:47 | 0:42:51,9 |
| 62    | 982  | HELMMLI, Benjamin     |     | Herbrechtingen            | M 23   | 15    | 56  | 0:20:45 | 0:42:58,3 |
| 63    | 791  | WEINIG, Andreas       |     | TC Bopfingen              | M 30   | 8     | 57  | 0:20:17 | 0:43:08,0 |
| 64    | 935  | MAYER, Jürgen         |     | DEizisau                  | M 45   | 7     | 58  | 0:20:47 | 0:43:10,0 |
| 65    | 801  | NEUBURGER, Michael    |     | Sparda-Team Rechberghause | M 45   | 8     | 59  | 0:20:43 | 0:43:19,1 |
| 66    | 628  | MAURER, Bastian       |     | Spraitbach                | M JA   | 1     | 60  | 0:21:42 | 0:43:25,3 |
| 67    | 630  | BIENER, Karl          |     | TSV 1946 Schnelldorf      | M 45   | 9     | 61  | 0:20:43 | 0:43:31,8 |
| 68    | 707  | BIEG, Stefan          |     | ZF Lenksysteme 1. Team    | M 30   | 9     | 62  | 0:20:53 | 0:43:36,6 |
| 69    | 800  | SCHABER, Paul         |     | Nonplusultra Esslingen    | M 60   | 2     | 63  | 0:21:30 | 0:43:38,3 |
| 70    | 822  | SCHWAB, Christina     |     | Lauftruppe Bwstandort Ulm | W JU   | 2     | 7   | 0:21:53 | 0:43:41,3 |
| 71    | 1014 | WASKO, Floh           |     | TF Feuerbach              | W 40   | 2     | 8   | 0:21:31 | 0:43:47,3 |
| 72    | 721  | PAUBERT, Guillaume    |     | ZF Lenksysteme 3. Team    | M 30   | 10    | 64  | 0:21:02 | 0:43:48,9 |
| 73    | 1034 | KOPPITZ, Bernd        |     | TSG Backnang              | M 50   | 6     | 65  | 0:20:51 | 0:43:53,1 |
| 74    | 1003 | REGNET, Dieter        |     | LG Kernen                 | M 55   | 4     | 66  | 0:21:16 | 0:43:56,3 |
| 75    | 909  | FRITZ, Martin         |     | Schwäb. Gmünd             | M 23   | 16    | 67  | 0:20:28 | 0:44:01,1 |
| 76    | 609  | KERN, Peter           |     | TSV Hüttlingen            | M 45   | 10    | 68  | 0:21:34 | 0:44:05,3 |
| 77    | 960  | ZIEGELE, Dennis       |     | Göppingen                 | M 23   | 17    | 69  | 0:21:52 | 0:44:09,7 |
| 78    | 1020 | GERMER, Timo          |     | Mutlangen                 | M JB   | 1     | 70  | 0:21:14 | 0:44:10,5 |
| 79    | 1036 | FRITZ, Sebastian      |     | Schwäb. Gmünd             | M 30   | 11    | 71  | 0:22:05 | 0:44:11,7 |
| 80    | 933  | UWE, Fritz            |     | Böbingen                  | M 45   | 11    | 72  | 0:20:52 | 0:44:18,3 |
| 81    | 783  | SEVERIN, Uwe          |     | AST Süßen                 | M 40   | 15    | 73  | 0:21:32 | 0:44:19,9 |
| 82    | 698  | SCHULER, Pier-Fabio   |     | www.999er.de              | M 30   | 12    | 74  | 0:21:38 | 0:44:22,4 |
| 83    | 875  | WEILER, Sven          |     | Westerwelt.com            | M 30   | 13    | 75  | 0:21:31 | 0:44:31,6 |
| 84    | 684  | MARCUS, Habel         |     | Schwäbisch Gmünd          | M 40   | 16    | 76  | 0:22:01 | 0:44:35,5 |
| 85    | 623  | BUNZENTHAL, Andre     |     | Urbach                    | M 35   | 4     | 77  | 0:21:59 | 0:44:40,4 |
| 86    | 1035 | JÜRGENS, Martin       |     | Aalen-Unterrunmbach       | M 23   | 18    | 78  | 0:21:58 | 0:44:42,5 |
| 87    | 699  | SCHANBACHER, Harald   |     | Saubuaba Rudersberg       | M 45   | 12    | 79  | 0:22:04 | 0:44:44,0 |
| 88    | 906  | WALDRAFF, Markus      |     | Schwäb. Gmünd             | M 35   | 5     | 80  | 0:21:57 | 0:44:54,3 |
| 89    | 812  | SCHNEIDER, Simon      |     | Tuttlingen                | M 23   | 19    | 81  | 0:21:37 | 0:44:59,3 |
| 90    | 787  | SPAHL, Ulrich         |     | Baltmannsweiler           | M 45   | 13    | 82  | 0:22:14 | 0:44:59,6 |
| 91    | 824  | BEISSWENGER, Wolfgang |     | Die Einhörner             | M 45   | 14    | 83  | 0:21:14 | 0:45:03,1 |
| 92    | 843  | KELLER, Jannis        |     | LG Filstal                | M SB   | 1     | 84  | 0:22:39 | 0:45:08,0 |
| 93    | 1024 | BERGMANN, Jürgen      |     | LT Lok Märklin            | M 40   | 17    | 85  | 0:21:48 | 0:45:12,0 |
| 94    | 624  | EBWEIN, Steffen       |     | Söhne Stammheims          | M 35   | 6     | 86  | 0:22:02 | 0:45:14,6 |
| 95    | 649  | SELKA, Peter Dr.      |     | Salon Bettina Winnenden   | M 45   | 15    | 87  | 0:22:16 | 0:45:20,3 |
| 96    | 992  | EHRMANN, Holger       |     | Rehazentrum               | M 23   | 20    | 88  | 0:23:30 | 0:45:21,5 |
| 97    | 959  | SCHINDLER, Matthias   |     | Kreissparkasse Waiblingen | M 35   | 7     | 89  | 0:21:48 | 0:45:22,2 |
| 98    | 717  | WAHL, Thomas          |     | ZF Lenksysteme 3. Team    | M 40   | 18    | 90  | 0:23:00 | 0:45:24,0 |
| 99    | 1025 | STAUDACHER, Andreas   |     | LT Lok Märklin            | M 45   | 16    | 91  | 0:21:47 | 0:45:30,6 |
| 100   | 1022 | REINSTADLER, Peter    |     | LT Lok Märklin            | M 40   | 19    | 92  | 0:21:56 | 0:45:36,0 |
| 101   | 771  | OKER, Markus          |     | BW-Bank                   | M 45   | 17    | 93  | 0:21:44 | 0:45:46,9 |
| 102   | 662  | BÜRKLE, Jan           |     | Lorch                     | M JU   | 3     | 94  | 0:23:28 | 0:45:50,5 |
| 103   | 961  | HAAG, Stefan          |     | TV Jebenhausen            | M 23   | 21    | 95  | 0:22:10 | 0:45:58,7 |
| 104   | 908  | GRUBER-BALLEHR, Gero  |     | Schwäb. Gmünd             | M 23   | 22    | 96  | 0:22:28 | 0:46:03,7 |

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|-------|------|-----------------------------|-----|---------------------------|--------|-------|-----|---------|-----------|
| 105   | 845  | BUCK, Raphael               |     | Gerstetten                | M 23   | 23    | 97  | 0:22:21 | 0:46:05,9 |
| 106   | 778  | SCHNEIDER, Tim              |     | Lauftruppe Bwstandort Ulm | M 23   | 24    | 98  | 0:21:29 | 0:46:06,3 |
| 107   | 844  | BUCK, Rainer                |     | Gerstetten                | M 50   | 7     | 99  | 0:22:20 | 0:46:06,7 |
| 108   | 1028 | KLATT, Stefan               |     | SV Sillenbuch             | M 45   | 18    | 100 | 0:22:27 | 0:46:09,5 |
| 109   | 1026 | DERHO, Vitali               |     | LT Lok Märklin            | M 35   | 8     | 101 | 0:22:00 | 0:46:15,0 |
| 110   | 954  | KÖRGER, Philip              |     | Schwäb. Gmünd             | M JU   | 4     | 102 | 0:22:25 | 0:46:23,4 |
| 111   | 731  | KREUTTNER, Holger           |     | KSK Ostalb                | M 40   | 20    | 103 | 0:22:26 | 0:46:24,0 |
| 112   | 869  | HEIM, Wolfgang              |     | FFW Innenstadt Gmünd      | M 35   | 9     | 104 | 0:22:35 | 0:46:26,4 |
| 113   | 885  | WURST, Peter                |     | FFW GD Abt. Wetzgau       | M 23   | 25    | 105 | 0:23:22 | 0:46:28,8 |
| 114   | 697  | QUESTER, Andre              |     | Abtsgmünd                 | M 40   | 21    | 106 | 0:23:29 | 0:46:38,4 |
| 115   | 950  | BOHN, Martin                |     | Www.maier-schuhtechnik.de | M 23   | 26    | 107 | 0:23:18 | 0:46:45,7 |
| 116   | 781  | SILLER, Angela              |     | Sparda-Team Rechberghause | W 30   | 2     | 9   | 0:22:50 | 0:46:46,8 |
| 117   | 977  | HEJDUK, Ralph               |     | L.W. Running Team         | M 45   | 19    | 108 | 0:23:29 | 0:46:50,2 |
| 118   | 632  | BLÄSE, Joachim Dr.          |     | Schwäbisch Gmünd          | M 40   | 22    | 109 | 0:22:33 | 0:46:51,5 |
| 118   | 741  | GRIMM, Irene                |     | SV Erlenmoos              | W 35   | 2     | 10  | 0:22:55 | 0:46:51,5 |
| 120   | 648  | PETRI, Bettina              |     | Salon Bettina Winnenden   | W 50   | 1     | 11  | 0:22:38 | 0:46:53,2 |
| 121   | 978  | WURM, Werner                |     | TSV Frickenhausen         | M 60   | 3     | 110 | 0:22:58 | 0:46:54,5 |
| 122   | 712  | HAUG, Gerhard               |     | ZF Lenksysteme 2. Team    | M 50   | 8     | 111 | 0:22:56 | 0:46:54,9 |
| 123   | 1008 | JOAS, Hans                  |     | Malteser Schwä. Gmünd     | M 60   | 4     | 112 | 0:22:35 | 0:46:55,6 |
| 124   | 793  | ROHRBACH, Horst             |     | Schwäbisch Gmünd          | M 50   | 9     | 113 | 0:22:55 | 0:46:55,8 |
| 125   | 625  | SCHMID, Markus              |     | Leinzell                  | M 45   | 20    | 114 | 0:23:25 | 0:46:59,7 |
| 126   | 728  | SCHUSTER, Fabian            |     | ZF Lenksysteme 3. Team    | M JA   | 2     | 115 | 0:22:12 | 0:47:02,7 |
| 127   | 1021 | HERR, Gerlinde              |     | LT Iggingen               | W 50   | 2     | 12  | 0:22:38 | 0:47:02,9 |
| 128   | 1027 | VOGTNER, Andreas            |     | Stuttgart                 | M 30   | 14    | 116 | 0:22:51 | 0:47:06,1 |
| 129   | 995  | FREY, Bernhard              |     | TSV Böbingen              | M 45   | 21    | 117 | 0:21:45 | 0:47:08,5 |
| 130   | 880  | STRÖBELE, Wolfgang          |     | Schwäbisch Gmünd          | M 45   | 22    | 118 | 0:22:16 | 0:47:08,6 |
| 131   | 708  | FERRANO, Fabian             |     | ZF Lenksysteme 1. Team    | M 23   | 27    | 119 | 0:22:56 | 0:47:10,0 |
| 132   | 670  | ROTH, Daniel                |     | Schelklingen              | M 23   | 28    | 120 | 0:22:34 | 0:47:13,2 |
| 133   | 1001 | REGNET, Robin               |     | LG Kernen                 | M 23   | 29    | 121 | 0:22:26 | 0:47:13,9 |
| 134   | 938  | LÄMMLER, Manfred            |     | Saubuaba Rudersberg       | M 55   | 5     | 122 | 0:22:54 | 0:47:14,4 |
| 135   | 643  | SCHWEGLER, Wolfgang         |     | DJK Göppingen             | M 70   | 1     | 123 | 0:22:39 | 0:47:17,0 |
| 136   | 846  | BÜHLER, Stephan             |     | TV Jebenhausen            | M 35   | 10    | 124 | 0:21:52 | 0:47:17,1 |
| 137   | 944  | ADAM, Johannes              |     | Lauftreff3.0 Stuttgart    | M 23   | 30    | 125 | 0:23:30 | 0:47:22,1 |
| 138   | 602  | DEWITT, Volker              |     | H.A.B.Mitleid             | M 40   | 23    | 126 | 0:22:03 | 0:47:24,8 |
| 139   | 752  | WÖßNER, Elisabeth           |     | AST Süßen                 | W 60   | 1     | 13  | 0:23:09 | 0:47:26,3 |
| 140   | 694  | FLORIAN, Uwe                |     | SV Lonsee                 | M 50   | 10    | 127 | 0:22:22 | 0:47:26,7 |
| 141   | 847  | KÖNGETER, Sven              |     | Autofreunde Wieslauftal   | M 30   | 15    | 128 | 0:23:09 | 0:47:27,5 |
| 142   | 835  | FATH, Henning               |     | Lauterburg                | M 45   | 23    | 129 | 0:23:51 | 0:47:29,6 |
| 143   | 917  | FRIEDHOFF, Nele             |     | LG STAUFEN                | W JB   | 1     | 14  | 0:22:25 | 0:47:33,2 |
| 144   | 955  | KÖRGER, Gerhard             |     | Schwäb. Gmünd             | M 45   | 24    | 130 | 0:23:27 | 0:47:34,9 |
| 145   | 1032 | KAISER, Pit                 |     | Burgstetten               | M 50   | 11    | 131 | 0:23:13 | 0:47:36,8 |
| 146   | 777  | SCHWAB, Tim-Luka            |     | LG STAUFEN                | M SB   | 2     | 132 | 0:23:36 | 0:47:38,0 |
| 147   | 769  | LOREK, Steffen              |     | TF Feuerbach              | M 45   | 25    | 133 | 0:23:46 | 0:47:40,0 |
| 148   | 931  | HÄFNER, Klaus               |     | Schwäb. Gmünd             | M 55   | 6     | 134 | 0:22:53 | 0:47:41,1 |
| 149   | 727  | HÄGELE, Andreas             |     | ZF Lenksysteme 3. Team    | M JA   | 3     | 135 | 0:22:53 | 0:47:43,2 |
| 150   | 946  | DOBLER, Walter              |     | Die Einhörner             | M 60   | 5     | 136 | 0:22:58 | 0:47:51,8 |
| 151   | 1007 | WILLINGER FEIFEL, Franziska |     | Utzstetten                | W 30   | 3     | 15  | 0:23:28 | 0:47:52,8 |
| 152   | 814  | FRIEDHOFF, Ulrich           |     | Schwäbisch Gmünd          | M 55   | 7     | 137 | 0:23:03 | 0:48:00,3 |
| 153   | 902  | MÖLDNER, Christoph          |     | Schwäb. Gmünd             | M 35   | 11    | 138 | 0:23:52 | 0:48:01,5 |
| 154   | 734  | SCHNEIDER, Monika           |     | KSK Ostalb                | W 45   | 1     | 16  | 0:23:32 | 0:48:05,0 |
| 155   | 737  | DLASK, Dietmar              |     | TSV Böbingen              | M 35   | 12    | 139 | 0:22:39 | 0:48:07,0 |
| 156   | 888  | RETTENMAYR, Wolfgang        |     | Schwäb. Gmünd             | M JA   | 4     | 140 | 0:23:21 | 0:48:07,6 |

## 10 km - Heubacher-Sport-Weiße-Pokal

| Platz | StNr | Name                 | NAT | Team/Verein/Ort           | Klasse | Platz | M/W | WP 5km  | Laufzeit  |
|-------|------|----------------------|-----|---------------------------|--------|-------|-----|---------|-----------|
| 157   | 759  | HILSENBECK, Berit    |     | TF Feuerbach              | W 45   | 2     | 17  | 0:23:54 | 0:48:08,7 |
| 158   | 634  | HAUGER, Christoph    |     | Im Pelzwasen läuft's      | M 45   | 26    | 141 | 0:24:01 | 0:48:15,2 |
| 159   | 703  | OSTERTAG, Lukas      |     | ZF Lenksysteme 1. Team    | M JA   | 5     | 142 | 0:25:41 | 0:48:16,0 |
| 160   | 890  | SCHEFOLD, Michael    |     | Mitlangen                 | M 50   | 12    | 143 | 0:24:07 | 0:48:29,6 |
| 160   | 893  | HOLLAS, Fabian       |     | Waldstetten               | M JU   | 5     | 143 | 0:24:00 | 0:48:29,6 |
| 162   | 910  | SCHLECKER, Bernd     |     | Laufteam TV Straßdorf     | M 55   | 8     | 145 | 0:23:58 | 0:48:32,4 |
| 163   | 1016 | MAIER, Nico          |     | Alfdorf                   | M JA   | 6     | 146 | 0:23:00 | 0:48:33,5 |
| 164   | 905  | ORLANDO, Phil        |     | Schwäb. Gmünd             | M 35   | 13    | 147 | 0:24:00 | 0:48:33,6 |
| 165   | 797  | FISCHER, Markus      |     | Fischer Druck             | M 30   | 16    | 148 | 0:22:58 | 0:48:40,8 |
| 166   | 1000 | ZCOTER, Günter       |     | LT Lok Märklin            | M 50   | 13    | 149 | 0:23:58 | 0:48:47,8 |
| 167   | 998  | MÜNKLE, Jörg         |     | LT Lok Märklin            | M 30   | 17    | 150 | 0:23:01 | 0:48:50,1 |
| 168   | 675  | RIEG, Andreas        |     | TV Bargau                 | M 45   | 27    | 151 | 0:22:57 | 0:48:52,0 |
| 169   | 617  | SPUTH, Alexander     |     | Wäschenbeuren             | M 30   | 18    | 152 | 0:23:37 | 0:48:58,3 |
| 170   | 718  | PRESSMAR, Michael    |     | ZF Lenksysteme 2. Team    | M 35   | 14    | 153 | 0:24:32 | 0:49:05,0 |
| 171   | 664  | WELLER, Moritz       |     | Mosterei Seiz             | M JU   | 6     | 154 | 0:23:59 | 0:49:08,6 |
| 172   | 867  | BEIBWENGER, Dieter   |     | LC Aalener Spion          | M 55   | 9     | 155 | 0:24:31 | 0:49:11,5 |
| 173   | 700  | SCHULZ, Siegfried    |     | ZF Lenksysteme 1. Team    | M 30   | 19    | 156 | 0:23:09 | 0:49:16,0 |
| 174   | 792  | KAISER, Daniel       |     | Schwäbisch Gmünd          | M 35   | 15    | 157 | 0:23:59 | 0:49:16,9 |
| 175   | 616  | FISCHER, Jürgen      |     | Laufgemeinschaft Brech    | M 45   | 28    | 158 | 0:23:59 | 0:49:18,7 |
| 176   | 941  | LAICHINGER, Ralf     |     | Esslingen                 | M 23   | 31    | 159 | 0:24:22 | 0:49:19,4 |
| 177   | 956  | CHRISTIAN, Klaus     |     | Liverpool Fan-Club        | M 50   | 14    | 160 | 0:24:07 | 0:49:22,2 |
| 178   | 651  | DIEHL, Michael       |     | THW Gmünd                 | M 40   | 24    | 161 | 0:23:45 | 0:49:25,0 |
| 179   | 934  | KISSLINGER, Ralf     |     | Neuler                    | M 45   | 29    | 162 | 0:24:44 | 0:49:30,9 |
| 180   | 619  | MENZNER, Michael     |     | Schwäbisch Gmünd          | M 35   | 16    | 163 | 0:22:58 | 0:49:32,0 |
| 181   | 614  | SCHULER, Bertold Dr. |     | Schwäbisch Gmünd          | M 50   | 15    | 164 | 0:24:26 | 0:49:32,7 |
| 181   | 627  | ELSÄßER, Tobias      |     | Rosenheim                 | M 30   | 20    | 164 | 0:24:55 | 0:49:32,7 |
| 183   | 681  | HIEBER, Patrick      |     | Mutlangen                 | M 35   | 17    | 166 | 0:23:21 | 0:49:35,2 |
| 184   | 1006 | KROLL, Lars          |     | Stuttgart                 | M 40   | 25    | 167 | 0:24:36 | 0:49:35,7 |
| 185   | 852  | WANNER, Otto         |     | 1. FC Germania Bargau     | M 55   | 10    | 168 | 0:23:28 | 0:49:38,2 |
| 186   | 1037 | BUSANSZKI, Peter     |     | BSG Stauferklinikum       | M 23   | 32    | 169 | 0:23:12 | 0:49:39,0 |
| 187   | 809  | GRUSZKA, Cynthia     |     | Die Einhörner             | W 23   | 3     | 18  | 0:24:42 | 0:49:40,5 |
| 188   | 1031 | SAMMITO, Raffaele    |     | Sport-Team EMAG           | M 55   | 11    | 170 | 0:24:23 | 0:49:41,6 |
| 189   | 983  | BELLMANN, Robin      |     | Torpedo Triathlon Team    | M JU   | 7     | 171 | 0:22:43 | 0:49:44,7 |
| 190   | 641  | ESLIKIZI, Seydan     |     | TSV Crailsheim Triathlon  | M 30   | 21    | 172 | 0:25:17 | 0:49:47,3 |
| 191   | 621  | BLÜMLE, Sebastian    |     | Urbach                    | M 30   | 22    | 173 | 0:24:51 | 0:49:48,8 |
| 192   | 981  | ORLANDO, Maurizio    |     | Göggingen                 | M 35   | 18    | 174 | 0:24:02 | 0:49:49,9 |
| 193   | 1017 | KLOSE, Klaus         |     | TSG Schnaitheim           | M 60   | 6     | 175 | 0:24:30 | 0:49:57,5 |
| 194   | 751  | ERMLICH, Markus      |     | Burladingen               | M 40   | 26    | 176 | 0:24:35 | 0:49:58,5 |
| 195   | 668  | HERBST, Andrea       |     | Die Einhörner             | W 40   | 3     | 19  | 0:24:05 | 0:50:02,9 |
| 196   | 611  | REHM, Ingo           |     | Running Team Göppingen    | M 45   | 30    | 177 | 0:24:33 | 0:50:03,6 |
| 197   | 642  | GRIESE, Steffen      |     | Schorndorf                | M 50   | 16    | 178 | 0:24:53 | 0:50:12,6 |
| 198   | 923  | SCHMIDT, Matthias    |     | LauftreffF3.0 Stuttgart   | M 23   | 33    | 179 | 0:24:30 | 0:50:14,4 |
| 199   | 991  | BIENERT, Rico        |     | Rehazentrum               | M 30   | 23    | 180 | 0:24:19 | 0:50:15,2 |
| 200   | 870  | MAIER, Patrick       |     | FFW Innenstadt Gmünd      | M 23   | 34    | 181 | 0:23:35 | 0:50:33,1 |
| 201   | 711  | BAHMÜLLER, Steffen   |     | ZF Lenksysteme 2. Team    | M 35   | 19    | 182 | 0:24:00 | 0:50:36,1 |
| 202   | 1033 | HERMANN, Felix       |     | Schwäb. Gmünd             | M JU   | 8     | 183 | 0:26:13 | 0:50:37,2 |
| 203   | 806  | JORBERG, Benjamin    |     | Stuttgart                 | M 30   | 24    | 184 | 0:24:54 | 0:50:41,0 |
| 204   | 864  | KANZLER, Michael     |     | Schwäb. Gmünd             | M 50   | 17    | 185 | 0:24:58 | 0:50:42,0 |
| 205   | 761  | LOREK, Marion        |     | TF Feuerbach              | W 50   | 3     | 20  | 0:25:07 | 0:50:44,7 |
| 206   | 607  | KRAL, Erwin          |     | Lenting                   | M 40   | 27    | 186 | 0:25:11 | 0:50:49,2 |
| 207   | 838  | KIEFER, Achim        |     | FFW Innenstadt Gmünd      | M 45   | 31    | 187 | 0:24:50 | 0:50:52,2 |
| 208   | 672  | FEILING, Regina      |     | Hot Socks Leutenbach e.V. | W 45   | 3     | 21  | 0:25:10 | 0:50:56,0 |

## 10 km - Heubacher-Sport-Weiße-Pokal

| Platz | StNr | Name                      | NAT | Team/Verein/Ort                | Klasse | Platz | M/W | WP 5km  | Laufzeit  |
|-------|------|---------------------------|-----|--------------------------------|--------|-------|-----|---------|-----------|
| 209   | 714  | KERN, Florian             |     | ZF Lenksysteme 2. Team         | M 30   | 25    | 188 | 0:24:16 | 0:50:57,8 |
| 210   | 1029 | ALFIA, Samuel             |     | Sport-Team EMAG                | M 35   | 20    | 189 | 0:24:55 | 0:51:00,9 |
| 211   | 701  | WIMBERGER, Denis          |     | ZF Lenksysteme 1. Team         | M JU   | 9     | 190 | 0:23:50 | 0:51:05,0 |
| 212   | 637  | BRITTINGER, Sabine        |     | Lauftreff Freihung             | W 35   | 3     | 22  | 0:24:35 | 0:51:08,7 |
| 213   | 921  | METZLER, Marc             |     | RV Endsport Hamburg            | M 40   | 28    | 191 | 0:25:26 | 0:51:10,0 |
| 214   | 749  | GÄPEL, Babette            |     | Eislingen                      | W 45   | 4     | 23  | 0:24:37 | 0:51:10,7 |
| 215   | 657  | KLOPFER, Thorsten         |     | LRP Running Team               | M 35   | 21    | 192 | 0:27:02 | 0:51:11,3 |
| 216   | 945  | WEININGER, Manfred        |     | Team Sportrevolution Illingen  | M 55   | 12    | 193 | 0:25:14 | 0:51:18,1 |
| 217   | 645  | MAYER, Jens               |     | BSG Stauferklinikum            | M 45   | 32    | 194 | 0:24:58 | 0:51:23,6 |
| 218   | 872  | VOGT, Bernd               |     | FFW Innenstadt Gmünd           | M 40   | 29    | 195 | 0:24:52 | 0:51:25,3 |
| 219   | 605  | WEBER, Walter             |     | Göggingen                      | M 50   | 18    | 196 | 0:24:36 | 0:51:26,0 |
| 220   | 1015 | NITSCHKE, Claudia         |     | O-SYWCE                        | W 40   | 4     | 24  | 0:24:56 | 0:51:28,2 |
| 221   | 724  | WALLNER, Boris            |     | ZF Lenksysteme 3. Team         | M 50   | 19    | 197 | 0:24:27 | 0:51:29,8 |
| 222   | 881  | WEIß, Mathias             |     | FFW GD Abt. Wetzgau            | M 40   | 30    | 198 | 0:24:59 | 0:51:30,5 |
| 223   | 974  | GRIMMER, Petra            |     | TSF Welzheim                   | W 45   | 5     | 25  | 0:25:29 | 0:51:34,9 |
| 224   | 972  | LEHR, Christine           |     | LAngenau                       | W 40   | 5     | 26  | 0:25:11 | 0:51:36,8 |
| 225   | 1004 | MAILER, Heinz             |     | LT Alfdorf                     | M 60   | 7     | 199 | 0:24:52 | 0:51:37,2 |
| 226   | 968  | KAMMERER, Jochen          |     | Motorradfreunde Gingen         | M 30   | 26    | 200 | 0:25:24 | 0:51:39,4 |
| 227   | 723  | FIRAT, Yilmaz             |     | ZF Lenksysteme 3. Team         | M 23   | 35    | 201 | 0:25:13 | 0:51:43,0 |
| 228   | 719  | KÖHLER, Christian         |     | ZF Lenksysteme 2. Team         | M 23   | 36    | 202 | 0:24:38 | 0:51:43,5 |
| 229   | 833  | SHELL, Matthias           |     | TSV Neustadt                   | M 45   | 33    | 203 | 0:25:15 | 0:51:46,0 |
| 230   | 612  | SCHIEDT, Gertraude        |     | Schwäbisch Gmünd               | W 45   | 6     | 27  | 0:24:54 | 0:51:52,9 |
| 231   | 613  | SCHIEDT, Peter            |     | Schwäbisch Gmünd               | M 55   | 13    | 204 | 0:24:55 | 0:51:59,3 |
| 232   | 660  | MENIKHEIM, Pascal         |     | Streich                        | M 30   | 27    | 205 | 0:24:56 | 0:52:04,4 |
| 233   | 695  | VERHEYEN, Michael         |     | id architekten                 | M 40   | 31    | 206 | 0:26:45 | 0:52:05,1 |
| 234   | 750  | FEICHTINGER, Heike        |     | Waldstetten                    | W 35   | 4     | 28  | 0:25:23 | 0:52:07,3 |
| 235   | 851  | DANGELMAYR, Klaus         |     | Ottosilla-TeamTSVOttensbach    | M 50   | 20    | 207 | 0:25:12 | 0:52:19,1 |
| 236   | 887  | RETTENMAYR, Dominik       |     | Schwäb. Gmünd                  | M 45   | 34    | 208 | 0:25:33 | 0:52:20,1 |
| 237   | 776  | BAUER, Frederick          |     | Wangen                         | M 40   | 32    | 209 | 0:26:44 | 0:52:22,5 |
| 238   | 939  | HORACKI, Bernd            |     | Spraitbach                     | M 45   | 35    | 210 | 0:25:15 | 0:52:28,0 |
| 239   | 663  | BACHMANN, Kurt            |     | DELTA LOGIC GmbH               | M 45   | 36    | 211 | 0:25:14 | 0:52:32,8 |
| 240   | 742  | RIDIGER, Steffen          |     | Schwäbisch Gmünd               | M 45   | 37    | 212 | 0:25:13 | 0:52:40,6 |
| 241   | 830  | GOLDIG, Reinhard          |     | Lorch                          | M 50   | 21    | 213 | 0:25:51 | 0:52:44,0 |
| 242   | 633  | FISCHER, Rolf             |     | Ottensbach                     | M 50   | 22    | 214 | 0:26:27 | 0:52:50,1 |
| 243   | 831  | WEBER, Katrin             |     | AST Süßen                      | W 45   | 7     | 29  | 0:26:03 | 0:52:50,7 |
| 244   | 915  | BETZ, Marlene             |     | Böblingen                      | W 23   | 4     | 30  | 0:26:22 | 0:52:55,5 |
| 245   | 973  | QUINTENZ, Josefine        |     | RRMC Langenau                  | W 50   | 4     | 31  | 0:26:16 | 0:52:56,7 |
| 246   | 709  | WIDAWKA, Martin           |     | ZF Lenksysteme 1. Team         | M SA   | 1     | 215 | 0:26:14 | 0:53:00,7 |
| 247   | 608  | WAGNER, Philipp           |     | Schwäbisch Gmünd               | M 23   | 37    | 216 | 0:26:19 | 0:53:16,6 |
| 248   | 815  | SEVERIN, Ursula           |     | AST Süßen                      | W 30   | 4     | 32  | 0:26:17 | 0:53:20,9 |
| 249   | 896  | BRUCKBAUER, Lindi         |     | DJK GD                         | W 45   | 8     | 33  | 0:26:07 | 0:53:22,9 |
| 249   | 922  | APPENZELLER, Beatrice     |     | LauftreffF3.0 Stuttgart        | W 23   | 5     | 33  | 0:26:21 | 0:53:22,9 |
| 251   | 610  | SCHINDLER, Robin          |     | TSV-Neustadt                   | M 23   | 38    | 217 | 0:25:32 | 0:53:27,0 |
| 252   | 715  | MÜLLER, Peter             |     | ZF Lenksysteme 2. Team         | M 55   | 14    | 218 | 0:25:36 | 0:53:28,7 |
| 253   | 894  | STEHLE, Charly            |     | Lauf- und Gehtreff Schw. Gmünd | M 60   | 8     | 219 | 0:25:57 | 0:53:33,6 |
| 254   | 779  | SELL, Wolf                |     | Ostfildern-Ruit                | M 40   | 33    | 220 | 0:26:47 | 0:53:35,4 |
| 255   | 739  | REIN, Stefanie            |     | SV Gmünd                       | W 30   | 5     | 35  | 0:26:08 | 0:53:39,8 |
| 256   | 622  | PHILIP, Hofmann           |     | Schorndorf                     | M 35   | 22    | 221 | 0:24:52 | 0:53:59,3 |
| 257   | 780  | FERNANDEZ_DA_COSTA, Valle |     | Ostfildern-Ruit                | W 35   | 5     | 36  | 0:26:51 | 0:54:08,2 |
| 258   | 916  | GRIMMINGER, Dietmar       |     | Heubach                        | M 35   | 23    | 222 | 0:26:27 | 0:54:10,0 |
| 259   | 966  | DREXLER, Conny            |     | Menrad                         | W 50   | 5     | 37  | 0:26:56 | 0:54:11,2 |
| 260   | 892  | BEVER, Benjamin           |     | Schwäb. Gmünd                  | M 23   | 39    | 223 | 0:26:52 | 0:54:11,4 |

## 10 km - Heubacher-Sport-Weiße-Pokal

| Platz | StNr | Name                     | NAT | Team/Verein/Ort           | Klasse | Platz | M/W | WP 5km  | Laufzeit  |
|-------|------|--------------------------|-----|---------------------------|--------|-------|-----|---------|-----------|
| 261   | 962  | HÄGE, Dominik            |     | Motorradfreunde Gingen    | M 23   | 40    | 224 | 0:27:35 | 0:54:11,5 |
| 262   | 646  | HAGENTHURN, Ferenc       |     | Plüderhausen              | M 55   | 15    | 225 | 0:26:09 | 0:54:13,4 |
| 263   | 710  | DELOKO, Françoise        |     | ZF Lenksysteme 1. Team    | W 23   | 6     | 38  | 0:26:20 | 0:54:15,7 |
| 264   | 903  | WAMSLER, Gerhard         |     | Schwäb. Gmünd             | M 55   | 16    | 226 | 0:26:48 | 0:54:21,6 |
| 265   | 863  | EMGE, Michael            |     | Waldstetten               | M 40   | 34    | 227 | 0:26:01 | 0:54:22,4 |
| 266   | 949  | THIEL, Sebastian         |     | Königsbronn               | M SA   | 2     | 228 | 0:26:14 | 0:54:29,9 |
| 267   | 842  | KELLER, Elke             |     | LG Filstal                | W 45   | 9     | 39  | 0:26:04 | 0:54:33,9 |
| 268   | 1005 | BRANDNER, Joachim        |     | @Läuft                    | M 40   | 35    | 229 | 0:23:58 | 0:54:40,0 |
| 269   | 940  | WOWEREIT, Felix          |     | Spraitbach                | M 23   | 41    | 230 | 0:27:15 | 0:54:47,9 |
| 270   | 904  | GRUNWALD, Waldemar       |     | Mutlangen                 | M 23   | 42    | 231 | 0:26:25 | 0:54:50,1 |
| 271   | 811  | STÜTZ, Steffen           |     | SV Lautern                | M 35   | 24    | 232 | 0:27:52 | 0:54:51,9 |
| 272   | 788  | PFEFFER, Josef           |     | TSGV Waldstetten          | M 65   | 1     | 233 | 0:26:00 | 0:54:57,4 |
| 273   | 1038 | SCHEFFOLD, Stefan        |     | Schwäb. Gmünd             | M 50   | 23    | 234 | 0:26:11 | 0:54:58,3 |
| 274   | 688  | WOISETSCHLÄGER, Thorsten |     | TSV Böbingen              | M 35   | 25    | 235 | 0:26:19 | 0:54:58,7 |
| 275   | 735  | ALT, Steffen             |     | KSK Ostalb                | M 40   | 36    | 236 | 0:25:45 | 0:55:00,8 |
| 276   | 963  | AALISCH, Thomas          |     | Motorradfreunde Gingen    | M 30   | 28    | 237 | 0:27:14 | 0:55:05,4 |
| 277   | 874  | ZWERGER, Oliver          |     | Stöttlen                  | M 30   | 29    | 238 | 0:26:28 | 0:55:08,2 |
| 277   | 895  | KOLB, Willy              |     | DJK Schwäb.Gmünd          | M 45   | 38    | 238 | 0:28:13 | 0:55:08,2 |
| 279   | 808  | FAUL, Elke               |     | Laufftreff Lonsee         | W 23   | 7     | 40  | 0:26:23 | 0:55:08,4 |
| 280   | 770  | ANKLAM, Andreas          |     | BW-Bank                   | M 23   | 43    | 240 | 0:25:00 | 0:55:12,6 |
| 281   | 626  | GROSCH, Manfred          |     | Brainkofen                | M 45   | 39    | 241 | 0:28:58 | 0:55:18,4 |
| 282   | 828  | SCHROEDER, Brunhilde     |     | Schwäbisch Gmünd          | W 55   | 1     | 41  | 0:26:15 | 0:55:20,2 |
| 283   | 913  | PRETZEL, Franz Xaver     |     | BSG Stauferklinikum       | M 55   | 17    | 242 | 0:26:57 | 0:55:21,5 |
| 284   | 860  | ZELL, Simon              |     | Parler Gymnasium          | M 30   | 30    | 243 | 0:28:34 | 0:55:28,4 |
| 285   | 882  | KIEWEL, Frank            |     | FFW GD Abt. Wetzgau       | M 30   | 31    | 244 | 0:26:36 | 0:55:33,9 |
| 286   | 631  | BECK, Luisa Maria        |     | Tübingen                  | W JU   | 3     | 42  | 0:25:21 | 0:55:38,7 |
| 287   | 702  | HEIN, Artur              |     | ZF Lenksysteme 1. Team    | M 23   | 44    | 245 | 0:28:25 | 0:55:39,2 |
| 288   | 914  | DOLLINGER, Nils          |     | Henbach                   | M 45   | 40    | 246 | 0:26:31 | 0:55:43,5 |
| 289   | 725  | KLAUSENBURGER, Götz      |     | ZF Lenksysteme 3. Team    | M 35   | 26    | 247 | 0:27:23 | 0:55:47,3 |
| 290   | 829  | HAGG, Sandra             |     | Schwäbisch Gmünd          | W 23   | 8     | 43  | 0:27:20 | 0:55:54,5 |
| 291   | 911  | SCHOLZE, Annina          |     | DJK Schwäb.Gmünd          | W 23   | 9     | 44  | 0:28:07 | 0:55:56,3 |
| 292   | 740  | FISCHINGER, Rod          |     | Schwäbisch gmünd          | M 45   | 41    | 248 | 0:28:21 | 0:55:58,5 |
| 293   | 615  | RÜFFER, Margit           |     | Laufgemeinschaft Brech    | W 40   | 6     | 45  | 0:26:20 | 0:56:00,6 |
| 294   | 937  | PETRICEVIC, Ivan         |     | SV Spantreff Marbach A.N. | M 45   | 42    | 249 | 0:26:07 | 0:56:06,2 |
| 295   | 603  | KÖHNLEIN, Harald         |     | Heuchlingen               | M 45   | 43    | 250 | 0:26:21 | 0:56:07,3 |
| 296   | 794  | JAMBOR, Helmut           |     | HL Oberkochen             | M 70   | 2     | 251 | 0:27:50 | 0:56:19,5 |
| 297   | 784  | HINDERBERGER, Sabine     |     | Balance Fitness-Studio    | W 45   | 10    | 46  | 0:28:19 | 0:56:25,3 |
| 298   | 947  | PLATZER, Titzian         |     | Waldstetten               | M JA   | 7     | 252 | 0:25:21 | 0:56:28,7 |
| 299   | 730  | KLAUSE, Adolf            |     | ZF Lenksysteme 3. Team    | M 55   | 18    | 253 | 0:27:38 | 0:56:33,4 |
| 300   | 967  | BAUER, Steffen           |     | Motorradfreunde Gingen    | M 35   | 27    | 254 | 0:27:16 | 0:56:41,0 |
| 301   | 821  | KANZLER, Kathrin         |     | Stuttgart                 | W 23   | 10    | 47  | 0:28:12 | 0:56:42,8 |
| 302   | 1030 | HÄUSLER, Gerhard         |     | Aalen                     | M 45   | 44    | 255 | 0:26:58 | 0:56:44,3 |
| 303   | 656  | FRISCHMUTH, Thorsten     |     | LRP Running Team          | M 40   | 37    | 256 | 0:27:41 | 0:56:46,4 |
| 304   | 804  | BEITLBERGER, Andreas     |     | AKI Ursenwang             | M 45   | 45    | 257 | 0:28:14 | 0:56:50,0 |
| 305   | 650  | NEUMANN, Thomas          |     | Mutlangen                 | M 45   | 46    | 258 | 0:25:49 | 0:56:51,3 |
| 306   | 912  | SCHOLZE, Julia           |     | DJK Schwäb.Gmünd          | W 23   | 11    | 48  | 0:28:15 | 0:56:56,5 |
| 307   | 704  | VERDENIK, Patrick        |     | ZF Lenksysteme 1. Team    | M JA   | 8     | 259 | 0:26:26 | 0:57:01,6 |
| 308   | 871  | SCHAMBERGER, Max         |     | FFW Innenstadt Gmünd      | M JA   | 9     | 260 | 0:26:32 | 0:57:01,8 |
| 309   | 813  | VOLLMER, Jochen          |     | Wandergruppe FG+WHG       | M 35   | 28    | 261 | 0:28:32 | 0:57:02,6 |
| 310   | 953  | NÄGELE, Uli              |     | RSF Bartholomä            | M 50   | 24    | 262 | 0:26:44 | 0:57:04,6 |
| 311   | 713  | HENKEL, Ralf             |     | ZF Lenksysteme 2. Team    | M 35   | 29    | 263 | 0:28:31 | 0:57:05,6 |
| 312   | 918  | BONGARTZ, Bernhard       |     | FC Unterkirnach           | M 55   | 19    | 264 | 0:28:06 | 0:57:13,8 |

## 10 km - Heubacher-Sport-Weiße-Pokal

| Platz | StNr | Name                    | NAT | Team/Verein/Ort           | Klasse | Platz | M/W | WP 5km  | Laufzeit  |
|-------|------|-------------------------|-----|---------------------------|--------|-------|-----|---------|-----------|
| 313   | 927  | SCHRAMMEL, Rainer       |     | Laufteam Elke             | M 45   | 47    | 265 | 0:28:50 | 0:57:15,2 |
| 314   | 618  | MÜLLER, Martin          |     | Kösching                  | M 35   | 30    | 266 | 0:26:17 | 0:57:22,8 |
| 315   | 817  | MÜLLER, Ulrich          |     | FC Leguan Kirneck         | M 50   | 25    | 267 | 0:27:21 | 0:57:24,4 |
| 316   | 696  | QUESTER, Hasija         |     | Abtsgmünd                 | W 45   | 11    | 49  | 0:27:13 | 0:57:24,8 |
| 317   | 964  | MUNZ, Jeanette          |     | Menrad                    | W 30   | 6     | 50  | 0:28:49 | 0:57:25,8 |
| 318   | 965  | DOMES, Bruno            |     | Menrad                    | M 55   | 20    | 268 | 0:25:40 | 0:57:26,1 |
| 319   | 640  | PFEIFFER, Thomas        |     | Fichtenberg               | M 30   | 32    | 269 | 0:27:24 | 0:57:26,3 |
| 320   | 782  | ENGEL-GOLD, Sigi        |     | Fliegergruppe Gmünd       | W 50   | 6     | 51  | 0:28:26 | 0:57:30,9 |
| 321   | 834  | GATZKA, Thomas          |     | Böbingen                  | M 35   | 31    | 270 | 0:25:05 | 0:57:32,5 |
| 322   | 948  | HEILIG, Peter           |     | Waldstetten               | M 55   | 21    | 271 | 0:26:53 | 0:57:36,4 |
| 323   | 706  | FÖHL, Ingo              |     | ZF Lenksysteme 1. Team    | M 30   | 33    | 272 | 0:28:04 | 0:57:40,5 |
| 324   | 635  | SEBER, Uwe              |     | Schützenverein Straßdorf  | M 50   | 26    | 273 | 0:28:12 | 0:57:44,1 |
| 325   | 840  | SCHRIEB, Michael        |     | Laufteam Elke             | M 45   | 48    | 274 | 0:28:50 | 0:57:48,1 |
| 326   | 988  | BAREIS, Stefanie        |     | Schwäb. Gmünd             | W 23   | 12    | 52  | 0:28:47 | 0:57:49,6 |
| 327   | 854  | KONNERTH, Jens          |     | Schwäbisch Gmünd          | M 30   | 34    | 275 | 0:27:28 | 0:57:52,5 |
| 328   | 746  | KLIEGEL, Benjamin       |     | DELTALOGIC GmbH           | M 23   | 45    | 276 | 0:28:09 | 0:57:55,0 |
| 329   | 677  | BHATIA, Kashyap         |     | Schwäbisch Gmünd          | M 23   | 46    | 277 | 0:27:48 | 0:58:08,1 |
| 330   | 679  | KÜNZL, Siegmund         |     | TSV Alfdorf               | M 55   | 22    | 278 | 0:28:31 | 0:58:14,8 |
| 331   | 898  | BARTH, Monika           |     | TV Bargau                 | W 50   | 7     | 53  | 0:29:03 | 0:58:15,2 |
| 331   | 901  | HEUSSER, Peter          |     | Schwäb. Gmünd             | M 60   | 9     | 279 | 0:29:03 | 0:58:15,2 |
| 333   | 832  | EBERWEIN, Manfred       |     | Schwäbisch Gmünd          | M 70   | 3     | 280 | 0:28:28 | 0:58:16,6 |
| 334   | 720  | DINUNNO, Dino           |     | ZF Lenksysteme 2. Team    | M 35   | 32    | 281 | 0:28:03 | 0:58:22,4 |
| 335   | 907  | KUHN, Thilo             |     | Schwäb. Gmünd             | M 40   | 38    | 282 | 0:26:35 | 0:58:32,8 |
| 336   | 652  | NERZ, Samuel            |     | Burladingen               | M 30   | 35    | 283 | 0:27:27 | 0:58:39,1 |
| 337   | 932  | LURIA, Gabriele         |     | LG Weinstadt              | W 60   | 2     | 54  | 0:28:51 | 0:58:41,0 |
| 338   | 678  | SCHULER, Ulrich         |     | BSG Stauferklinikum       | M 55   | 23    | 284 | 0:28:11 | 0:58:44,8 |
| 339   | 859  | BUCHALIK, Martyna       |     | Parler Gymnasium          | W 23   | 13    | 55  | 0:28:47 | 0:58:58,2 |
| 340   | 990  | BÜRSCHGENS, Bettina     |     | Rehazentrum               | W 23   | 14    | 56  | 0:29:23 | 0:58:58,7 |
| 341   | 1002 | REGNET, Sabine          |     | LG Kernen                 | W 55   | 2     | 57  | 0:28:36 | 0:59:10,4 |
| 342   | 661  | BÖRRET, Matthias        |     | Gschwend                  | M 23   | 47    | 285 | 0:28:29 | 0:59:12,2 |
| 343   | 820  | STIEFEL, Sonja          |     | Leinzell                  | W 40   | 7     | 58  | 0:29:04 | 0:59:14,0 |
| 344   | 925  | SPAUSZUS, Ralf          |     | Laufteam Elke             | M 45   | 49    | 286 | 0:28:52 | 0:59:16,5 |
| 345   | 785  | KRÄTSCHMER, Nicole      |     | Verwandtschaft            | W 35   | 6     | 59  | 0:28:51 | 0:59:16,7 |
| 346   | 819  | KOHLER, Günther         |     | DELTALOGIC GmbH           | M 50   | 27    | 287 | 0:29:48 | 0:59:23,7 |
| 347   | 993  | PENNER, Regina          |     | Rehazentrum               | W 23   | 15    | 60  | 0:29:23 | 0:59:30,5 |
| 348   | 919  | SCHEER, Rolf            |     | AST Süßen                 | M 65   | 2     | 288 | 0:28:57 | 0:59:32,3 |
| 349   | 743  | BARBERI, David          |     | Stuttgart                 | M 30   | 36    | 289 | 0:27:19 | 0:59:35,8 |
| 350   | 856  | EICH, Thomas            |     | Parler Gymnasium          | M 40   | 39    | 290 | 0:26:20 | 0:59:54,6 |
| 351   | 669  | NOWAKOWSKI, Adolf       |     | LSG Aalen                 | M 75   | 1     | 291 | 0:29:02 | 1:00:00,0 |
| 352   | 873  | KLING, Christian        |     | FFW Innenstadt Gmünd      | M JU   | 10    | 292 | 0:31:41 | 1:00:01,3 |
| 353   | 736  | HÖNLE, Hubert           |     | DJK-SG Ellwangen          | M 75   | 2     | 293 | 0:29:30 | 1:00:11,5 |
| 354   | 667  | NEUBERGER, Achim        |     | Ostalb Sportacus          | M 35   | 33    | 294 | 0:28:08 | 1:00:19,2 |
| 355   | 818  | NAGEL, Roswitha         |     | Mosterei Seiz             | W 50   | 8     | 61  | 0:29:40 | 1:00:19,3 |
| 356   | 716  | MÜRDTER, Ulrich         |     | ZF Lenksysteme 2. Team    | M 55   | 24    | 295 | 0:30:37 | 1:00:39,2 |
| 357   | 659  | KARATAS, Kurtulus       |     | LRP Running Team          | M 23   | 48    | 296 | 0:27:51 | 1:00:49,8 |
| 358   | 984  | HILDEBRAND, Wiebke      |     | Stuttgart                 | W 23   | 16    | 62  | 0:28:56 | 1:00:50,6 |
| 359   | 658  | KARATAS, Cihan          |     | LRP Running Team          | M 35   | 34    | 297 | 0:28:48 | 1:00:51,3 |
| 360   | 803  | BEITLBERGER, Monika     |     | AKI Ursenwang             | W 50   | 9     | 63  | 0:29:53 | 1:00:51,6 |
| 361   | 929  | TELLBACH, Elke          |     | Laufteam Elke             | W 40   | 8     | 64  | 0:29:45 | 1:00:54,1 |
| 362   | 755  | HOKENMAIER, Reinhard    |     | Sparda Team Rechberghause | M 60   | 10    | 298 | 0:29:24 | 1:01:09,2 |
| 363   | 889  | TRITTLER, Adelheid      |     | Mögglingen                | W 55   | 3     | 65  | 0:29:32 | 1:01:18,8 |
| 364   | 682  | RAPSOMANISKIS, Angelika |     | GD-Lindach                | W 40   | 9     | 66  | 0:29:08 | 1:01:31,2 |

## 10 km - Heubacher-Sport-Weiße-Pokal

| Platz | StNr | Name                    | NAT | Team/Verein/Ort        | Klasse | Platz | M/W | WP 5km  | Laufzeit  |
|-------|------|-------------------------|-----|------------------------|--------|-------|-----|---------|-----------|
| 365   | 729  | WEIKARD, Lukas          |     | ZF Lenksysteme 3. Team | M JB   | 2     | 299 | 0:26:22 | 1:01:33,9 |
| 366   | 680  | FECHNER, Monika         |     | Mittelbronn            | W 40   | 10    | 67  | 0:29:00 | 1:01:38,7 |
| 367   | 748  | KÄSER, Marion           |     | HBG Schwäbisch Gmünd   | W 35   | 7     | 68  | 0:29:40 | 1:01:45,3 |
| 368   | 620  | LADENBURGER, Vera       |     | Schwäbisch Gmünd       | W 30   | 7     | 69  | 0:29:47 | 1:01:47,3 |
| 368   | 644  | URBANOWSKI, Walter      |     | Schwäbisch Gmünd       | M 60   | 11    | 300 | 0:29:46 | 1:01:47,3 |
| 370   | 861  | BRUNI, Werner           |     | TSGV Waldstetten       | M 55   | 25    | 301 | 0:29:02 | 1:02:00,3 |
| 371   | 676  | GANSKOW, Geertje        |     | Essingen               | W 30   | 8     | 70  | 0:30:32 | 1:02:05,1 |
| 372   | 900  | MÜLLER, Ingrid          |     | Schwäb. Gmünd          | W 50   | 10    | 71  | 0:30:33 | 1:02:12,2 |
| 373   | 810  | ZINK, Sarah             |     | Heubach-Lautern        | W 30   | 9     | 72  | 0:30:11 | 1:02:33,6 |
| 374   | 897  | KEWELOH, Dr. Dr. Martin |     | Praxisklinik-MKG       | M 45   | 50    | 302 | 0:28:29 | 1:02:47,7 |
| 375   | 601  | PEISCHL, Markus         |     | Lorch                  | M 40   | 40    | 303 | 0:30:34 | 1:03:06,6 |
| 376   | 738  | KRÄTSCHEMER, Helmut     |     | Verwandschaft          | M 45   | 51    | 304 | 0:27:52 | 1:03:17,6 |
| 377   | 674  | MAY, Iryna              |     | Schwäbisch Gmünd       | W 23   | 17    | 73  | 0:30:02 | 1:03:22,7 |
| 378   | 839  | VOLLMER, Karlheinz      |     | TV Faurndau            | M 60   | 12    | 305 | 0:30:14 | 1:03:29,6 |
| 379   | 786  | KURTZ, Gudrun           |     | IGL Reutlingen         | W 60   | 3     | 74  | 0:31:59 | 1:03:33,6 |
| 380   | 1009 | DIETMEIER, Michaela     |     | TSV Schmiden           | W 40   | 11    | 75  | 0:31:54 | 1:03:40,4 |
| 381   | 1010 | HARLING, Antje          |     | TSV Schmiden           | W 30   | 10    | 76  | 0:31:54 | 1:03:40,8 |
| 382   | 665  | MASCHKE, Julia          |     | Mosterei Seiz          | W JA   | 1     | 77  | 0:29:41 | 1:03:40,9 |
| 383   | 952  | GEIBL, Julia            |     | Mutlangen              | W 30   | 11    | 78  | 0:30:02 | 1:03:50,6 |
| 384   | 879  | THIMM, Heike            |     | Schwäbisch Gmünd       | W 40   | 12    | 79  | 0:29:16 | 1:04:03,2 |
| 385   | 997  | PASSER, Heinz           |     | Schwäb. Gmünd          | M 50   | 28    | 306 | 0:31:18 | 1:04:26,9 |
| 386   | 985  | KELLER, Heike           |     | Königsbronn            | W 40   | 13    | 80  | 0:30:57 | 1:04:44,0 |
| 387   | 986  | STAUDENMAIER, Chr       |     | Zang                   | M 40   | 41    | 307 | 0:30:57 | 1:04:44,4 |
| 388   | 606  | SOFKA, Isabelle         |     | Göppingen              | W JA   | 2     | 81  | 0:32:24 | 1:05:25,2 |
| 389   | 722  | VENEZIA, Antonio        |     | ZF Lenksysteme 3. Team | M 23   | 49    | 308 | 0:28:40 | 1:05:28,0 |
| 390   | 655  | SCHANK, Lydia           |     | LRP Running Team       | W 45   | 12    | 82  | 0:30:06 | 1:05:29,8 |
| 391   | 654  | SCHANK, Ingo            |     | LRP Running Team       | M 45   | 52    | 309 | 0:30:07 | 1:05:30,0 |
| 392   | 996  | PASSLER, Angelika       |     | Schwäb. Gmünd          | W 50   | 11    | 83  | 0:31:32 | 1:06:35,0 |
| 393   | 1011 | BÖTTINGER, Doris        |     | TSV Schmiden           | W 50   | 12    | 84  | 0:32:49 | 1:06:58,2 |
| 394   | 1012 | KRACK, Werner           |     | TSV Schmiden           | M 65   | 3     | 310 | 0:32:51 | 1:06:58,3 |
| 395   | 926  | FRIEDL, Uwe             |     | Laufteam Elke          | M 45   | 53    | 311 | 0:34:17 | 1:07:35,2 |
| 396   | 930  | HÄHNLE, Wolfram         |     | Laufteam Elke          | M 55   | 26    | 312 | 0:34:19 | 1:07:35,6 |
| 397   | 924  | FRIEDL, Judith          |     | Laufteam Elke          | W 40   | 14    | 85  | 0:34:19 | 1:07:35,8 |
| 398   | 687  | STAPF, Olaf             |     | EK Schwaikheim         | M 55   | 27    | 313 | 0:30:09 | 1:08:09,8 |
| 399   | 883  | STEGMAIER, Marius       |     | FFW GD Abt. Wetzgau    | M JA   | 10    | 314 | 0:32:10 | 1:08:14,5 |
| 400   | 790  | WEICHBRODT, Gerald      |     | LSG Aalen              | M 75   | 3     | 315 | 0:32:05 | 1:08:29,2 |
| 401   | 745  | FEHRENBACHER, Jasmin    |     | Lichtenwald            | W 23   | 18    | 86  | 0:31:47 | 1:08:37,5 |
| 402   | 754  | DANNER, Tobias          |     | Ostfildern             | M 35   | 35    | 316 | 0:31:47 | 1:08:37,6 |
| 403   | 878  | BOENSCH, Paulina        |     | LT Schwäbisch Gmünd    | W 65   | 1     | 87  | 0:32:44 | 1:08:49,2 |
| 404   | 884  | BERTSCH, Mathias        |     | FFW GD Abt. Wetzgau    | M 23   | 50    | 317 | 0:32:41 | 1:10:59,7 |
| 405   | 928  | KISSLING, Claudia       |     | Laufteam Elke          | W 45   | 13    | 88  | 0:35:49 | 1:12:01,2 |
| 406   | 692  | DEHNERT, Iris           |     | Aalen                  | W 45   | 14    | 89  | 0:33:42 | 1:12:20,0 |
| 407   | 691  | MANTEL, Martina         |     | Ellwangen-Pfahlheim    | W 40   | 15    | 90  | 0:33:42 | 1:12:24,8 |
| 408   | 920  | BINDER, Michael         |     | Tri-Team Magic         | M 23   | 51    | 318 | 0:43:24 | 1:31:00,3 |
| dnf.  | 865  | WEINGÄRTNER, Johannes   |     | TSG Schwäbisch Hall    | M 23   |       |     | 0:17:11 |           |