

| Platz | StNr | Name | Verein | Klasse | Platz | Zeit Brutto / Netto |
|-------|------|----------------------|-----------------------------------|---------|-------|---------------------|
| 1 | 2355 | SCHEIDLE, Bernd | TVImmenstadt | Jg A M | 1 | 0:16:40 0:16:37 |
| 2 | 2362 | RICHTER, Sacha | TV Immenstadt | M 35 | 1 | 0:16:49 0:16:49 |
| 3 | 2481 | NIGGL, Markus | PSV Königskbrunn | M 20 | 1 | 0:17:16 0:17:14 |
| 4 | 2235 | SCHRÖTER, Daniel | SG-Simmerberg | M 20 | 2 | 0:17:31 0:17:29 |
| 5 | 2472 | SCHMIDT, Falko | adidas running club | M 30 | 1 | 0:17:51 0:17:49 |
| 6 | 2012 | ZEITLER, Daniel | TSV Marktoberdorf 5-Kampf/Biathle | Jg A M | 2 | 0:18:29 0:18:23 |
| 7 | 2010 | GRIMM, Florian | ESK | M 20 | 3 | 0:18:26 0:18:24 |
| 8 | 2124 | SCHÜßLER, Lukas | TV Immenstadt | Jg A M | 3 | 0:18:28 0:18:25 |
| 9 | 2487 | REISINGER, Lisa | Salomon SSC Hanau Rodenbach | W 20 | 1 | 0:18:39 0:18:38 |
| 10 | 2354 | FISCHER, Gert | asv köln | M 35 | 2 | 0:18:45 0:18:40 |
| 11 | 2029 | REH, Alina | SSV Ulm 1846 | Sch B W | 1 | 0:18:47 0:18:44 |
| 12 | 2035 | SCHILCHER, Heinz | TSV Peiting | M 35 | 3 | 0:18:48 0:18:46 |
| 13 | 2218 | HONOLD, Johannes | TV Immenstadt | Jg A M | 4 | 0:18:55 0:18:51 |
| 14 | 2191 | NIEMEIER, Bernhard | AllgäuStrom | M 20 | 4 | 0:19:01 0:18:59 |
| 15 | 2366 | CHRISTIAN, Brunold | Sportfreunde Marktoberdorf | M 40 | 1 | 0:19:02 0:19:00 |
| 16 | 2317 | RIEGER, Dennis | Abt Sportsline Running Team | M 20 | 5 | 0:19:07 0:19:04 |
| 17 | 2008 | SCHWARZ, Erwin | TSG Leutkirch | M 35 | 4 | 0:19:08 0:19:05 |
| 18 | 2212 | EINSLE, Gregor | SG-Simmerberg | M 20 | 6 | 0:19:25 0:19:23 |
| 19 | 2182 | RIPARDO, Edson | Marktoberdorf | M 35 | 5 | 0:19:27 0:19:25 |
| 19 | 2211 | STANKOV, Goran | TV Elsava | M 35 | 5 | 0:19:27 0:19:25 |
| 21 | 2326 | GARD, Andreas | Team Kodiak Sports TV Isny | M 40 | 2 | 0:19:36 0:19:31 |
| 22 | 2452 | CASNY, Peter | TV Jahn Kempten | M 40 | 3 | 0:19:34 0:19:32 |
| 23 | 2478 | LAHRMANN, Fabian | TSV Schongau | Jg B M | 1 | 0:19:36 0:19:33 |
| 24 | 2064 | BROSCHKE, Peter | DACHSER Kaufbeuren | M 40 | 4 | 0:19:47 0:19:38 |
| 25 | 2167 | SCHWARZ, Andreas | ESK | M 45 | 1 | 0:19:47 0:19:43 |
| 26 | 2296 | KNITTEL, Martin | OTT Messtechnik | Jg A M | 5 | 0:19:52 0:19:45 |
| 26 | 2444 | HARTMANN, Sebastian | SC Kempten | M 20 | 7 | 0:19:48 0:19:45 |
| 28 | 2079 | BRAUN, Johannes | Alpenquerulanten | Jg B M | 2 | 0:19:54 0:19:49 |
| 28 | 2081 | SCHMITT, Pierre | TV Immenstadt | M 20 | 8 | 0:19:52 0:19:49 |
| 30 | 2475 | MAYER, Hans-Jürgen | TS Bayreuth | M 50 | 1 | 0:20:10 0:20:06 |
| 31 | 2004 | STRÖHLE, Arno | TV Konstanz | M 55 | 1 | 0:20:10 0:20:08 |
| 32 | 2178 | PFANNER, Franz | Dachser Kempten | M 50 | 2 | 0:20:12 0:20:09 |
| 32 | 2357 | PLLANA, Negjedin | Sonthofen | M 35 | 7 | 0:20:14 0:20:09 |
| 34 | 2363 | ZEIGER, Sebastian | RSC Logwin Kempten | M 35 | 8 | 0:20:18 0:20:13 |
| 35 | 2120 | WAIGAND, Tommy | DB Regio AG, Regio Allgäu | M 20 | 9 | 0:20:24 0:20:19 |
| 36 | 2157 | WEIDHAAS, Stefan | Oberstdorf | M 20 | 10 | 0:20:26 0:20:23 |
| 37 | 2165 | SCHIEßL, Bernhard | TV Kempten | Jg A M | 6 | 0:20:28 0:20:25 |
| 38 | 2150 | GARD, Dagmar | Team Kodiak Sports/TV Isny | W 30 | 1 | 0:20:30 0:20:27 |
| 39 | 2146 | LINDNER, Benedikt | TV Immenstadt | Sch A M | 1 | 0:20:35 0:20:32 |
| 40 | 2206 | SCHAFROTH, Willi | Meckatzer Löwenbräu | M 50 | 3 | 0:20:45 0:20:37 |
| 40 | 2488 | RÜHLEMANN, Christian | Zell | M 30 | 2 | 0:20:40 0:20:37 |
| 42 | 2200 | MARTIN, Daniel | Meckatzer Löwenbräu | M 35 | 9 | 0:21:06 0:20:43 |
| 43 | 2014 | HEINE, Gabriel | SC Kempten | Sch B M | 1 | 0:20:51 0:20:46 |
| 44 | 2490 | SEIFERT, Oleg | K.M.E | M 20 | 11 | 0:21:02 0:20:56 |
| 45 | 2016 | FÜHNER, Anne | SSV Wildpodsried | Sch A W | 1 | 0:20:59 0:20:57 |
| 46 | 2273 | JOCHUM, Daniel | Tri-Team-Kleinwalsertal | Jg B M | 3 | 0:21:01 0:20:58 |
| 47 | 2465 | HAGE, Kilian | TV Immenstadt | Sch A M | 2 | 0:21:02 0:20:59 |
| 48 | 2228 | ZWENG, Lukas | Tri-Team-Kleinwalsertal | Sch A M | 3 | 0:21:03 0:21:00 |
| 49 | 2443 | LEIDL, Hans | TV Jahn Kempten | M 40 | 5 | 0:21:11 0:21:05 |
| 50 | 2047 | EINSIEDLER, Tom | Kempten | M 20 | 12 | 0:21:43 0:21:07 |
| 51 | 2489 | FESSEL, Nicole | SC Oberstdorf | W 20 | 2 | 0:21:15 0:21:09 |
| 52 | 2020 | ZELLER, Katrin | SC Oberstdorf | W 30 | 2 | 0:21:15 0:21:10 |
| 53 | 2135 | KUNERT, herbert | Schuh Kunert Sulzberg | M 45 | 2 | 0:21:25 0:21:14 |
| 54 | 2074 | KLARIN, Denis | TSV Buchenberg | Sch B M | 2 | 0:21:20 0:21:16 |
| 55 | 2021 | HANKO, Sabine | ept Joggers | W 30 | 3 | 0:21:26 0:21:22 |
| 55 | 2089 | KÜHN, Alexander | | M 20 | 13 | 0:21:25 0:21:22 |
| 57 | 2177 | SAIGGER, Manuel | LG Kottern-Durach | Sch A M | 4 | 0:21:28 0:21:24 |
| 57 | 2199 | REITER, Dieter | Meckatzer Löwenbräu | M 40 | 6 | 0:21:45 0:21:24 |
| 59 | 2111 | STEURER, Reinhard | Swap Body Team | M 35 | 10 | 0:21:34 0:21:29 |
| 60 | 2486 | RUPP, Steffen | Rodgau | M 20 | 14 | 0:21:35 0:21:31 |
| 61 | 2179 | PFANNER, Susanne | LG Welfen | W 45 | 1 | 0:21:43 0:21:38 |
| 62 | 2367 | SEBASTIAN, Brunold | SVO Germaringen | Sch C M | 1 | 0:21:46 0:21:40 |
| 63 | 2030 | FINDEL, Sebastian | TSV Aitrang | Sch B M | 3 | 0:21:46 0:21:41 |

| Platz | StNr | Name | Verein | Klasse | Platz | Zeit Brutto / Netto |
|-------|------|------------------------|------------------------------------|---------|-------|---------------------|
| 64 | 2084 | FACKLER, Stefan | | M 45 | 3 | 0:21:48 0:21:43 |
| 65 | 2161 | BORCHART, Wolfgang | TV Kempten | Jg B M | 4 | 0:22:08 0:21:54 |
| 66 | 2291 | GAETANI, Lucas | OTT Messtechnik | Sch A M | 5 | 0:22:08 0:21:56 |
| 67 | 2244 | KEIM, Simon | TV Immenstadt | Jg B M | 5 | 0:22:06 0:22:03 |
| 68 | 2170 | MILLER, Herrmann | ESK | M 45 | 4 | 0:22:08 0:22:04 |
| 69 | 2368 | SCHADE, Sebastian | TSV Schongau | M 20 | 15 | 0:22:12 0:22:07 |
| 70 | 2463 | STRIEGL, Florian | Kempten | M 20 | 16 | 0:22:23 0:22:09 |
| 71 | 2053 | SCHAEFER, Jonas | VfB Durach | Sch B M | 4 | 0:22:21 0:22:16 |
| 72 | 2485 | ZWERGER, Fabian | TSV Peiting | Sch A M | 6 | 0:22:20 0:22:17 |
| 73 | 2298 | KUHL, Ralf | OTT Messtechnik | Jg B M | 6 | 0:22:36 0:22:23 |
| 74 | 2306 | WALTER, Thomas | OTT Messtechnik | M 35 | 11 | 0:22:37 0:22:27 |
| 75 | 2075 | JANDL, Florian | Ebersbach | Jg A M | 7 | 0:22:38 0:22:32 |
| 76 | 2351 | SPRINGER, Marc | SSV Wildpoldsried | Jg B M | 7 | 0:22:45 0:22:35 |
| 76 | 2381 | HOLZHAUSER, Lukas | SSV Wildpoldsried | Sch A M | 7 | 0:22:45 0:22:35 |
| 78 | 2210 | BARTMAN, Michael | EV Füssen | Sch A M | 8 | 0:22:47 0:22:43 |
| 79 | 2491 | BLENDER, Ralf | Kempten | M 35 | 12 | 0:23:04 0:22:44 |
| 80 | 2309 | GRÄBL, Michael | SC Kempten | Sch D M | 1 | 0:22:57 0:22:51 |
| 81 | 2058 | KEIM, Ingmar | Kempten | M 20 | 17 | 0:23:27 0:22:52 |
| 82 | 2105 | BÖTTCHER, Dirk | TV Woringen | M 45 | 5 | 0:23:00 0:22:54 |
| 83 | 2027 | KÜBER, Sylvia | TSG Leutkirch | W 40 | 1 | 0:23:02 0:22:57 |
| 84 | 2207 | SCHULER, Frank | Meckatzer Löwenbräu | M 45 | 6 | 0:23:06 0:22:58 |
| 85 | 2243 | NITSCHKE, Veronika | Fitnesszentrum Highlight Memmingen | W 40 | 2 | 0:23:10 0:23:02 |
| 86 | 2272 | ERBER, Christoph | Wiggensbach | Jg A M | 8 | 0:23:40 0:23:05 |
| 87 | 2221 | GUGGEMOS, Martin | SV 1929 Kempten | Sch C M | 2 | 0:23:22 0:23:13 |
| 87 | 2441 | KENNERKNECHT, Josef | Kempten | M 45 | 7 | 0:23:18 0:23:13 |
| 89 | 2238 | FROLOV, Valerij | Weitnau | M 40 | 7 | 0:23:25 0:23:19 |
| 90 | 2483 | AICHELE, Michael | Lindenberg | M 30 | 3 | 0:23:40 0:23:21 |
| 91 | 2464 | FORNER, Sabine | TV Isny | W 45 | 2 | 0:23:28 0:23:25 |
| 92 | 2315 | ABT, Daniel | Abt Sportsline Running Team | Jg B M | 8 | 0:23:31 0:23:26 |
| 92 | 2316 | SLEPITSCHKA, Thomas | Abt Sportsline Running Team | M 40 | 8 | 0:23:31 0:23:26 |
| 94 | 2234 | BRUCKNER, Norbert | MRRC München | M 35 | 13 | 0:23:46 0:23:28 |
| 95 | 2215 | RÖLEKE, Manfred | bfz-runners Kempten | M 55 | 2 | 0:23:34 0:23:29 |
| 96 | 2140 | LIBOWSKI, Arthur | Team Landbäckerei-Sinz | M 20 | 18 | 0:23:38 0:23:35 |
| 97 | 2341 | RAUH, Angelika | SSV Wildpoldsried | W 40 | 3 | 0:23:42 0:23:38 |
| 97 | 2369 | HENKEL, Timo | Kempten | Sch C M | 3 | 0:23:45 0:23:38 |
| 99 | 2077 | FEHR, Markus | VfB Durach | Sch B M | 5 | 0:23:46 0:23:41 |
| 100 | 2327 | HARTMANN, Christian | Lauben | M 30 | 4 | 0:23:54 0:23:48 |
| 101 | 2023 | WALTER, Simone | TSG Leutkirch | W 45 | 3 | 0:23:56 0:23:52 |
| 102 | 2304 | STÖCKLE, Rupert | OTT Messtechnik | M 40 | 9 | 0:24:27 0:23:54 |
| 103 | 2374 | KUNZE, Michael | Durach | Sch A M | 9 | 0:24:24 0:23:59 |
| 104 | 2342 | RAUH, Miriam | SSV Wildpoldsried | Sch C W | 1 | 0:24:04 0:24:00 |
| 105 | 2263 | BALKOW, Konstantin | Amberg | Sch B M | 6 | 0:24:13 0:24:07 |
| 106 | 2330 | KESSLER, Fabian | Kempten | Sch C M | 4 | 0:24:19 0:24:12 |
| 107 | 2042 | HERKT, Andreas | SpardaYoung+ | M 20 | 19 | 0:24:29 0:24:16 |
| 108 | 2346 | MOHR, Sebastian | SSV Wildpoldsried | Sch A M | 10 | 0:24:28 0:24:18 |
| 109 | 2350 | KAPPELER, Tobias | SSV Wildpoldsried | Sch B M | 7 | 0:24:29 0:24:21 |
| 110 | 2213 | LINDER, Andrea | TSV Altusried | W 20 | 3 | 0:24:44 0:24:24 |
| 111 | 2113 | SCHENK, Helmut | DB Regio AG, Regio Allgäu | M 45 | 8 | 0:24:47 0:24:29 |
| 112 | 2364 | BOGNER, Hans-Peter | DJK Kolping Kempten | M 45 | 9 | 0:24:43 0:24:30 |
| 112 | 2377 | DENZIN, Alexander | Jugend-Feuerwehr Altusried | Jg B M | 9 | 0:24:45 0:24:30 |
| 114 | 2049 | WASCHKUT, Noah-Gabriel | SpardaYoung+ | Sch B M | 8 | 0:24:45 0:24:32 |
| 115 | 2048 | WASCHKUT, Gerd | SpardaYoung+ | M 35 | 14 | 0:24:46 0:24:34 |
| 116 | 2057 | BINDER, Frank | Team Goldhofer | M 35 | 15 | 0:24:42 0:24:36 |
| 116 | 2233 | LUTZ, Manuel | Kempten (Allgäu) | M 20 | 20 | 0:24:43 0:24:36 |
| 118 | 2255 | EGNER, Vincenz | SV 1929 Kempten | Sch C M | 5 | 0:24:46 0:24:37 |
| 119 | 2208 | ENTRICH, Günther | Meckatzer Löwenbräu | M 35 | 16 | 0:24:46 0:24:38 |
| 120 | 2251 | KUGLER, Jürgen | SV 1929 Kempten | M 40 | 10 | 0:24:49 0:24:40 |
| 120 | 2271 | KLING, Uwe | SpardaYoung+ | M 40 | 10 | 0:24:55 0:24:40 |
| 122 | 2237 | HÄUSER, Benedikt | TSV Marktoberdorf 5-Kampf/Biathle | Sch A M | 11 | 0:25:04 0:24:44 |
| 123 | 2471 | RIETZLER, Martin | TSV Bertoldshofen | M 40 | 12 | 0:25:26 0:24:48 |
| 124 | 2117 | SHELLDORF, Thomas | DB Regio AG, Regio Allgäu | M 35 | 17 | 0:25:04 0:24:51 |
| 124 | 2205 | RIETZLER, Robert | Meckatzer Löwenbräu | M 50 | 4 | 0:25:17 0:24:51 |
| 126 | 2365 | BOGNER, Sabine | DJK Kolping Kempten | Jg B W | 1 | 0:25:06 0:24:54 |
| 126 | 2372 | FAUTER, Christian | SV Heiligkreuz G-Jugend | M 40 | 13 | 0:25:02 0:24:54 |

| Platz | StNr | Name | Verein | Klasse | Platz | Zeit Brutto / Netto |
|-------|------|-------------------------|-----------------------------------|---------|-------|---------------------|
| 128 | 2371 | FAUTER, Niko | SV Heiligkreuz F-Jugend | Sch D M | 2 | 0:25:02 0:24:55 |
| 129 | 2153 | BENCKER, Marius | RSC Logwin Kempten | Sch B M | 9 | 0:25:09 0:24:59 |
| 129 | 2358 | PLLANA, Susanne | Sonthofen | W 35 | 1 | 0:25:05 0:24:59 |
| 131 | 2076 | FEHR, Thomas | VfB Durach | Sch C M | 6 | 0:25:06 0:25:01 |
| 131 | 2195 | NEGELE, Alexandra | SC Untrasried | W 40 | 4 | 0:25:36 0:25:01 |
| 133 | 2159 | EBENHOCH, Andreas | Königsbrunn | M 45 | 10 | 0:25:25 0:25:04 |
| 134 | 2181 | SCHWARZ, Tamara | SC Kempten | Sch B W | 2 | 0:25:16 0:25:06 |
| 135 | 2136 | KUNERT, Oliver | Schuh Kunert Sulzberg | M 20 | 21 | 0:25:17 0:25:07 |
| 135 | 2252 | KUGLER, Marco | SV 1929 Kempten | Jg B M | 10 | 0:25:16 0:25:07 |
| 137 | 2122 | WALCHER, Jürgen | DB Regio AG, Regio Allgäu | M 40 | 14 | 0:25:31 0:25:09 |
| 138 | 2319 | HEINE, Robert | Abt Sportsline Running Team | M 35 | 18 | 0:25:18 0:25:12 |
| 139 | 2230 | TIEFENBACHER, Thomas | Tri-Team-Kleinwalsertal | M 50 | 5 | 0:25:26 0:25:13 |
| 139 | 2361 | JUTZ, Lena | Dietmannsried | Sch A W | 2 | 0:25:22 0:25:13 |
| 141 | 2022 | BAUER, Nicole-Daniela | SSV Ulm 1846 | W 35 | 2 | 0:25:21 0:25:16 |
| 142 | 2145 | SCHINKÖTHE, Jayson | 1. Kemptener KD im TVK | M 20 | 22 | 0:25:24 0:25:20 |
| 143 | 2180 | WEBER, Anton | Hypo-Club München | M 45 | 11 | 0:25:39 0:25:26 |
| 144 | 2360 | GESTRICH, Matthias | Kempten | M 40 | 15 | 0:25:38 0:25:27 |
| 145 | 2437 | LABORANOVITS, Josef | TSV Willsbach | M 55 | 3 | 0:25:45 0:25:40 |
| 146 | 2459 | POSSELT, Wolfgang | CW-Running | M 40 | 16 | 0:25:53 0:25:45 |
| 147 | 2331 | MAIR, Roman | VfB Durach | Sch B M | 10 | 0:25:51 0:25:46 |
| 148 | 2264 | RIZZO, Andreas | AllgäuStrom | M 20 | 23 | 0:25:51 0:25:47 |
| 148 | 2311 | DEINZER, Arnulf | Kempten | M 45 | 12 | 0:26:18 0:25:47 |
| 150 | 2121 | SERBE, Frank | DB Regio AG, Regio Allgäu | M 45 | 13 | 0:25:55 0:25:48 |
| 150 | 2318 | ZITTRA, Florian | Abt Sportsline Running Team | M 20 | 24 | 0:25:54 0:25:48 |
| 152 | 2449 | ÜBELE, Max | Sonthofen | M 30 | 5 | 0:26:09 0:25:51 |
| 153 | 2279 | SEPP, Marcel | TSV Wiggensbach | Jg B M | 11 | 0:26:05 0:25:53 |
| 153 | 2300 | MIELACH, Michael | OTT Messtechnik | M 20 | 25 | 0:25:58 0:25:53 |
| 155 | 2164 | WILLER, Jakob | TV Kempten | M 20 | 26 | 0:26:09 0:25:56 |
| 156 | 2129 | PICHL, Katharina | Irsee | W 20 | 4 | 0:26:17 0:25:59 |
| 156 | 2132 | FICHTL, Stefanie | Rückholz | W 20 | 4 | 0:26:08 0:25:59 |
| 158 | 2040 | WOKÖCK, Sybille | Straubing | W 35 | 3 | 0:26:11 0:26:00 |
| 159 | 2320 | HALDER, Andrea | UWT GmbH | W 35 | 4 | 0:26:14 0:26:05 |
| 160 | 2353 | HIEPP, Franziska | SC Kempten | Sch A W | 3 | 0:26:15 0:26:06 |
| 161 | 2061 | KEILING, Sven | Kempten | M 30 | 6 | 0:26:16 0:26:07 |
| 162 | 2440 | WUJEWITSCH, Philipp | Mountain Action Race Kids | Sch C M | 7 | 0:26:22 0:26:15 |
| 163 | 2338 | LIPP, Marius | SSV Wildpoldsried | Sch B M | 11 | 0:26:38 0:26:16 |
| 163 | 2343 | MAIR, Raphael | SSV Wildpoldsried | Sch B M | 11 | 0:26:38 0:26:16 |
| 163 | 2380 | STRAUB, Alexander | SSV Wildpoldsried | Sch C M | 8 | 0:26:38 0:26:16 |
| 166 | 2112 | BRENDEL, Hermann | DB Regio AG, Regio Allgäu | M 50 | 6 | 0:26:25 0:26:18 |
| 167 | 2192 | GENG, Josef | AllgäuStrom | M 45 | 14 | 0:26:33 0:26:19 |
| 167 | 2193 | SANKTJOHANSER, Matthias | AllgäuStrom | M 30 | 7 | 0:26:33 0:26:19 |
| 167 | 2286 | BERNITZ, Joshua | OTT Messtechnik | Sch B M | 13 | 0:26:31 0:26:19 |
| 170 | 2256 | MATTERN, Jan | SV 1929 Kempten | Sch C M | 9 | 0:26:33 0:26:22 |
| 171 | 2055 | SCHULZ, Stefanie | Team Goldhofer | W 20 | 6 | 0:26:35 0:26:24 |
| 172 | 2442 | THEVAKUMAR, Tocsi | Kempten | Sch C M | 10 | 0:26:35 0:26:25 |
| 173 | 2155 | BENCKER, Christof | RSC Logwin Kempten | M 45 | 15 | 0:26:32 0:26:26 |
| 174 | 2002 | LAMPRECHT, Fred | München | M 65 | 1 | 0:26:36 0:26:29 |
| 174 | 2240 | BRUNI, Benedict | TSV Marktoberdorf 5-Kampf/Biathle | Sch C M | 11 | 0:26:47 0:26:29 |
| 176 | 2126 | SCHREIEGG, Andrea | TSV Ebersbach | W 20 | 7 | 0:26:37 0:26:30 |
| 176 | 2299 | MARTIN, Wolfgang | OTT Messtechnik | M 50 | 7 | 0:26:41 0:26:30 |
| 178 | 2468 | NUMMER, Angelina | TV Jahn Kempten | Sch B W | 3 | 0:26:41 0:26:36 |
| 179 | 2344 | MAIR, Benedikt | SSV Wildpoldsried | M 45 | 16 | 0:26:47 0:26:39 |
| 180 | 2259 | MILLER, Simon | SV 1929 Kempten | Sch C M | 12 | 0:26:52 0:26:42 |
| 180 | 2260 | SCHÖNFISCH, Tobias | SV 1929 Kempten | Sch C M | 12 | 0:26:53 0:26:42 |
| 182 | 2095 | VIEZE, B. | | M 45 | 17 | 0:26:46 0:26:43 |
| 182 | 2168 | GÜNTNER, Markus | ESK | M 45 | 17 | 0:27:04 0:26:43 |
| 184 | 2435 | OLT, Heike | Weiler | W 30 | 4 | 0:27:16 0:26:45 |
| 185 | 2258 | TEUFEL, Marian | SV 1929 Kempten | Sch C M | 14 | 0:26:55 0:26:46 |
| 186 | 2172 | LEISING, Andreas | ESK | M 35 | 19 | 0:27:09 0:26:48 |
| 186 | 2290 | DÖRR, Karin | OTT Messtechnik | Jg A W | 1 | 0:27:01 0:26:48 |
| 188 | 2245 | SCHAFROTH, Jutta | Durach | W 30 | 5 | 0:27:08 0:26:50 |
| 188 | 2450 | SCHORMANN, Alexander | Sonthofen | M 30 | 8 | 0:27:07 0:26:50 |
| 190 | 2220 | GRÄßL, Verena | SC Kempten | Sch B W | 4 | 0:27:03 0:26:53 |
| 190 | 2446 | PRACHT, Axel | Kempten | M 20 | 27 | 0:27:10 0:26:53 |

| Platz | StNr | Name | Verein | Klasse | Platz | Zeit Brutto / Netto |
|-------|------|-------------------------|-----------------------------------|---------|-------|---------------------|
| 192 | 2225 | EHELPOELS, Frouwke | Kempton | W 20 | 8 | 0:27:13 0:26:54 |
| 193 | 2352 | HEINRICH, Dominik | SC Kempton | Sch B M | 14 | 0:27:05 0:26:55 |
| 193 | 2376 | SCHARF, Sebastian | Kempton | Sch A M | 12 | 0:27:04 0:26:55 |
| 193 | 2436 | HOFMANN, Markus | Memmingen | M 40 | 17 | 0:27:26 0:26:55 |
| 196 | 2162 | BORCHARDT, Ulrike | TV Kempton | Jg A W | 2 | 0:27:11 0:26:56 |
| 196 | 2163 | GÖRMILLER, Jürgen | TV Kempton | M 45 | 19 | 0:27:08 0:26:56 |
| 198 | 2173 | MÜNST, Erwin | ESK | M 45 | 20 | 0:27:18 0:26:58 |
| 199 | 2462 | BALDAUF, Herbert | Immenstadt | M 40 | 18 | 0:27:38 0:26:59 |
| 200 | 2025 | GRIMM, Bärbel | DB Regio Allgäu | W 55 | 1 | 0:27:04 0:27:00 |
| 201 | 2373 | HERRMANN, Stefan | Team Allgäu Run-2gether | M 20 | 28 | 0:27:12 0:27:02 |
| 202 | 2274 | GABLER, engelbert | Kempton | M 65 | 2 | 0:27:15 0:27:08 |
| 203 | 2203 | HÖSSL, Heinz | Meckatzer Löwenbräu | M 40 | 19 | 0:27:39 0:27:09 |
| 204 | 2457 | KLEINSCHROTH, Peter | Kempton | M 45 | 21 | 0:27:26 0:27:13 |
| 205 | 2033 | RAMBERGER, Jakob | Gardinia | M 60 | 1 | 0:27:26 0:27:16 |
| 205 | 2152 | GOTTWALD, Julian | TV Jahn Kempton | Sch C M | 15 | 0:27:26 0:27:16 |
| 205 | 2303 | STAHLER, Marco | OTT Messtechnik | Jg B M | 12 | 0:27:21 0:27:16 |
| 208 | 2151 | GOTTWALD, Helmut | TV Jahn Kempton | M 40 | 20 | 0:27:27 0:27:19 |
| 209 | 2041 | LASAI, Andreas | Gardinia | M 45 | 22 | 0:27:32 0:27:22 |
| 210 | 2458 | GENEST-SCHOEN, Matthew | ESV Kaufbeuren | Sch A M | 13 | 0:27:29 0:27:24 |
| 211 | 2056 | BARTZ, Pen | www.team-alpsee.de | W 50 | 1 | 0:27:36 0:27:29 |
| 212 | 2460 | ALBRECHT, Katharina | TV Jahn Kempton | W 35 | 5 | 0:27:38 0:27:30 |
| 213 | 2194 | GOTTNER, Andreas | AllgäuStrom | M 20 | 29 | 0:27:46 0:27:32 |
| 213 | 2477 | PÖHLMANN, Michael | Burning Socks | M 40 | 21 | 0:27:52 0:27:32 |
| 215 | 2116 | PEUKER, Patrik | DB Regio AG, Regio Allgäu | M 40 | 22 | 0:28:02 0:27:39 |
| 216 | 2239 | SCHORER, Valentin | TSV Marktoberdorf 5-Kampf/Biathle | Sch C M | 16 | 0:27:51 0:27:40 |
| 217 | 2241 | TÄUBEL, Anna | TSV Marktoberdorf 5-Kampf/Biathle | Jg B W | 2 | 0:27:53 0:27:42 |
| 218 | 2043 | LUISA, Hollmann | SpardaYoung+ | W 20 | 9 | 0:27:59 0:27:44 |
| 219 | 2307 | ZHANG-MAILÄNDER, Guoyan | OTT Messtechnik | M 30 | 9 | 0:27:57 0:27:46 |
| 220 | 2183 | FLESCHUTZ, Sara | SV Steinheim | Sch B W | 5 | 0:27:57 0:27:51 |
| 220 | 2231 | KRETSCHMER, Stefan | Kempton | M 40 | 23 | 0:28:07 0:27:51 |
| 222 | 2201 | HÄRTLE, Helga | Meckatzer Löwenbräu | W 45 | 4 | 0:28:09 0:27:52 |
| 222 | 2285 | BERGER, Sonja | OTT Messtechnik | W 45 | 4 | 0:28:03 0:27:52 |
| 224 | 2236 | THÜRASCH, Susan | TSV Olbernhau | W 30 | 6 | 0:27:59 0:27:53 |
| 225 | 2189 | NEKHOROSHKOVA, Olga | Germering | W 20 | 10 | 0:28:11 0:27:59 |
| 226 | 2287 | BIRKE, Moritz | OTT Messtechnik | M 20 | 30 | 0:28:14 0:28:00 |
| 227 | 2062 | LAICH, Karin | Kempton | W 40 | 5 | 0:28:06 0:28:02 |
| 228 | 2321 | DOBLER, Marcus | UWT GmbH | M 30 | 10 | 0:28:11 0:28:05 |
| 229 | 2340 | EIGSTLER, Marion | SSV Wildpoldsried | Sch B W | 6 | 0:28:20 0:28:06 |
| 230 | 2154 | BENCKER, Luis | RSC Logwin Kempton | Sch B M | 15 | 0:28:23 0:28:13 |
| 231 | 2223 | STRIEGL, Claudia | Probstried | W 45 | 6 | 0:28:28 0:28:21 |
| 232 | 2096 | MEISCH, Niklas | | Sch B M | 16 | 0:28:27 0:28:22 |
| 232 | 2107 | KUNZE, Elke | TV Kempton | W 55 | 2 | 0:28:27 0:28:22 |
| 232 | 2184 | TATJE, Henning | Bad Grönenbach | M 40 | 24 | 0:28:35 0:28:22 |
| 232 | 2302 | STAHLER, Kevin | OTT Messtechnik | Jg A M | 9 | 0:28:33 0:28:22 |
| 236 | 2158 | BUHMANN, Silvia | TV Weitnau | W 20 | 11 | 0:28:38 0:28:26 |
| 237 | 2080 | LUTZ, Alexandra | Augsburg | W 40 | 6 | 0:28:46 0:28:33 |
| 238 | 2082 | BORBELY, Andreas | SSV Wildpoldsried | M 35 | 20 | 0:29:16 0:28:35 |
| 238 | 2249 | WASSERRAB, Michael | SSV Wildpoldsried | Sch B M | 17 | 0:28:50 0:28:35 |
| 240 | 2065 | KLARIN, Michael | TSV Buchenberg | M 45 | 23 | 0:29:06 0:28:36 |
| 241 | 2257 | MATTERN, Doris | SV 1929 Kempton | W 45 | 7 | 0:28:48 0:28:37 |
| 242 | 2313 | BIRKE, Claudia | Kempton | W 45 | 8 | 0:28:56 0:28:42 |
| 243 | 2051 | GÜNTHER, Silvana | Kempton | W 20 | 12 | 0:28:55 0:28:47 |
| 244 | 2322 | LEDERLE, Sandra | UWT GmbH | W 40 | 7 | 0:28:53 0:28:48 |
| 245 | 2438 | PFIZENMAYER, Wolfgang | TSV Durach | M 60 | 2 | 0:29:01 0:28:50 |
| 246 | 2197 | HAGGENMÜLLER, Wolfgang | Meckatzer Löwenbräu | M 40 | 25 | 0:29:14 0:28:51 |
| 247 | 2451 | DIEHN, Jessika | TSV Kottern | Sch A W | 4 | 0:29:07 0:28:55 |
| 248 | 2480 | MAYR, Erwin | Kaufbeuren | M 65 | 3 | 0:29:36 0:28:58 |
| 249 | 2024 | MAYER, Ingrid | Tanzschule Huber | W 50 | 2 | 0:29:05 0:28:59 |
| 250 | 2171 | HALDER, Sabine | ESK | W 30 | 7 | 0:29:25 0:29:04 |
| 250 | 2439 | WUJEWITSCH, Moritz | Mountain Action Race Kids | Sch A M | 14 | 0:29:12 0:29:04 |
| 252 | 2270 | HOLDERIED, Claudia | DAV Landsberg | W 45 | 9 | 0:29:22 0:29:05 |
| 253 | 2261 | RAUCH, Tobias | SV 1929 Kempton | Sch C M | 17 | 0:29:20 0:29:10 |
| 254 | 2329 | DIEHM, Melina | SC Kempton | Sch C W | 2 | 0:29:29 0:29:14 |
| 255 | 2131 | HINDELANG, Monika | BSG Deutsche Bank | W 35 | 6 | 0:29:44 0:29:19 |

| Platz | StNr | Name | Verein | Klasse | Platz | Zeit Brutto / Netto |
|-------|------|-----------------------|--|---------|-------|---------------------|
| 255 | 2461 | BALDAUF, Sieglinde | Immenstadt | W 40 | 8 | 0:29:56 0:29:19 |
| 257 | 2059 | SCHILLING, Ines | FSSC | W 40 | 9 | 0:29:32 0:29:20 |
| 257 | 2060 | KIRCHHÖFER, Artur | SpardaYoung+ | M 20 | 31 | 0:29:33 0:29:20 |
| 257 | 2190 | MANGOLD, Sarah | AllgäuStrom | Jg B W | 3 | 0:29:35 0:29:20 |
| 260 | 2282 | MAIR, Katharina | TSV Wiggensbach | Sch A W | 5 | 0:29:36 0:29:24 |
| 261 | 2281 | SCHMID, Lisa | TSV Wiggensbach | Sch A W | 6 | 0:29:36 0:29:26 |
| 261 | 2473 | HUMBERTO, Rafael | Kempton | M 50 | 8 | 0:29:33 0:29:26 |
| 263 | 2108 | HAGGENMILLER, Anita | Altusried | W 20 | 13 | 0:30:03 0:29:29 |
| 263 | 2479 | WINKLER, Marco | Kaufbeuren | Sch B M | 18 | 0:29:50 0:29:29 |
| 265 | 2293 | HIPP, Ludwig | OTT Messtechnik | Sch C M | 18 | 0:29:43 0:29:32 |
| 266 | 2224 | MAYER, Andreas | Wasser ist Leben Kempton | M 45 | 24 | 0:29:50 0:29:36 |
| 266 | 2370 | SCHRATT, Lucas | Kempton | Sch C M | 19 | 0:29:44 0:29:36 |
| 268 | 2169 | SINZ, Franz | ESK | M 45 | 25 | 0:29:41 0:29:37 |
| 269 | 2144 | KLEIN, Mirko | Kempton | M 30 | 11 | 0:29:57 0:29:39 |
| 269 | 2267 | KRULC, Michael | AllgäuStrom | M 20 | 32 | 0:29:43 0:29:39 |
| 269 | 2470 | SIMON, Gabi | Kempton | W 45 | 10 | 0:29:51 0:29:39 |
| 272 | 2166 | OSTERBERGER, Martin | | M 30 | 12 | 0:30:06 0:29:42 |
| 273 | 2086 | BREITFELD, Siglinda | | W 40 | 10 | 0:29:56 0:29:43 |
| 273 | 2229 | ZWENG, Susanne | Tri-Team-Kleinwalsertal | W 45 | 11 | 0:29:55 0:29:43 |
| 275 | 2087 | RIESTER, Karin | | W 40 | 11 | 0:29:57 0:29:44 |
| 276 | 2482 | DECKER, Barbara | Obergünzburg | W 45 | 12 | 0:30:01 0:29:48 |
| 277 | 2098 | MEISCH, Anja | | W 35 | 7 | 0:30:04 0:29:51 |
| 277 | 2160 | BECHERT, Melanie | Kempton | Sch A W | 7 | 0:30:31 0:29:51 |
| 279 | 2305 | VOGELMANN, Armin | OTT Messtechnik | M 45 | 26 | 0:30:05 0:29:52 |
| 280 | 2469 | WIEDEMANN, Margit | Pfaffenhofen | W 35 | 8 | 0:30:08 0:29:55 |
| 281 | 2382 | BÖCK, Christoph | SSV Wildpoldsried | Sch B M | 19 | 0:30:38 0:29:58 |
| 282 | 2268 | DI GENOVA, Anna-Maria | AllgäuStrom | W 35 | 9 | 0:30:03 0:29:59 |
| 283 | 2097 | MEISCH, Luca | | Sch C M | 20 | 0:30:04 0:30:01 |
| 283 | 2297 | KNITTEL, Katharina | OTT Messtechnik | W 20 | 14 | 0:30:39 0:30:01 |
| 285 | 2216 | NGUYEN, Alisha | Kaufbeuren | Sch B W | 7 | 0:30:39 0:30:15 |
| 286 | 2103 | QUINN, James | Probstried | W 45 | 13 | 0:30:32 0:30:16 |
| 287 | 2337 | MAYER, Petra | Laufteam Dres. Heigl, Hettich & Partne | W 20 | 15 | 0:30:42 0:30:18 |
| 288 | 2292 | GRAMLICH, Stephan | OTT Messtechnik | M 45 | 27 | 0:30:30 0:30:19 |
| 288 | 2379 | USEL, Kilian | SSV Wildpoldsried | Sch C M | 21 | 0:30:59 0:30:19 |
| 290 | 2174 | KOCH, Evelyn | ESK | W 40 | 12 | 0:30:42 0:30:22 |
| 290 | 2314 | STEINER, Nina | SC Kempton | Sch C W | 3 | 0:30:39 0:30:22 |
| 292 | 2339 | LIPP, Thomas | SSV Wildpoldsried | M 45 | 28 | 0:31:03 0:30:23 |
| 293 | 2091 | EPP, Alina | | W 20 | 16 | 0:31:06 0:30:27 |
| 293 | 2125 | SCHREIEGG, Manuela | TSV Ebersbach | W 20 | 16 | 0:30:33 0:30:27 |
| 295 | 2147 | EPPINGER, Klaus | SC Pöcking-Possenhofen | M 40 | 26 | 0:30:55 0:30:28 |
| 295 | 2269 | HOLDERIED, Peter | DAV Landsberg | M 50 | 9 | 0:30:44 0:30:28 |
| 297 | 2349 | AMBERGER, Nicole | SSV Wildpoldsried | Sch B W | 8 | 0:30:46 0:30:32 |
| 298 | 2348 | AMBERGER, Lisa | SSV Wildpoldsried | Sch C W | 4 | 0:30:48 0:30:33 |
| 298 | 2448 | HELL, Sabrina | Sonthofen | W 20 | 18 | 0:30:51 0:30:33 |
| 300 | 2359 | WOLFANGEL, Beate | Sonthofen | W 35 | 10 | 0:31:15 0:30:34 |
| 301 | 2034 | MEINHARDT, Viola | Team Paul Kaufbeuren | W 40 | 13 | 0:31:00 0:30:35 |
| 302 | 2092 | FALTUS, Esther | | W 35 | 11 | 0:31:10 0:30:38 |
| 303 | 2143 | SCHÄFER, Alexandra | Blaichach | W 35 | 12 | 0:30:58 0:30:41 |
| 304 | 2447 | JAEGER, Johann | TSV Buchenberg | M 55 | 4 | 0:31:16 0:30:42 |
| 305 | 2093 | UHL, Christian | | M 20 | 33 | 0:31:00 0:30:45 |
| 306 | 2284 | LEIDERER, Nico | SV Heiligkreuz F-Jugend | Sch D M | 3 | 0:31:15 0:30:48 |
| 307 | 2492 | DOSENBACH, Julia | Burgberg | Jg A W | 3 | 0:31:09 0:30:50 |
| 308 | 2333 | HARRE, Kerstin | Laufteam Dres. Heigl, Hettich & Partne | W 35 | 13 | 0:31:18 0:30:54 |
| 309 | 2137 | SIMON, Sophia | Kempton | Sch B W | 9 | 0:31:01 0:30:55 |
| 310 | 2198 | KOHLER, Wolfgang | Meckatzer Löwenbräu | M 40 | 27 | 0:31:26 0:30:57 |
| 311 | 2106 | STIER, Hubert | Swap Body Team | M 40 | 28 | 0:31:27 0:31:05 |
| 312 | 2295 | KEAB, Fabian | OTT Messtechnik | M 20 | 34 | 0:31:17 0:31:06 |
| 313 | 2294 | HIPP, Erwin | OTT Messtechnik | M 40 | 29 | 0:31:23 0:31:10 |
| 314 | 2188 | FALSAPERNA, Carmelo | VfB Durach | Sch B M | 20 | 0:31:31 0:31:27 |
| 315 | 2277 | SCHNEIDER, Leonie | SV Heiligkreuz F-Jugend | Sch D W | 1 | 0:31:58 0:31:28 |
| 316 | 2123 | WEINGARTEN, Swenja | DB Regio AG, Regio Allgäu | W 30 | 8 | 0:31:53 0:31:30 |
| 317 | 2133 | HIPP, Simone | Rückholz | W 20 | 19 | 0:31:40 0:31:32 |
| 317 | 2202 | HÄRTLE, Heinrich | Meckatzer Löwenbräu | M 50 | 10 | 0:31:54 0:31:32 |
| 319 | 2312 | ORLANDO, Cinzia | Kempton | W 30 | 9 | 0:31:37 0:31:34 |

| Platz | StNr | Name | Verein | Klasse | Platz | Zeit Brutto / Netto |
|-------|------|-------------------------|--|---------|-------|---------------------|
| 320 | 2090 | MEISCH, Markus | | M 45 | 29 | 0:31:56 0:31:39 |
| 321 | 2073 | GANSNEDER, Anna | TSV Buchenberg | Sch B W | 10 | 0:32:05 0:31:40 |
| 322 | 2083 | MÜLLER, Monika | Dietmannsried | W 45 | 14 | 0:32:04 0:31:45 |
| 323 | 2445 | MANOWSKI, Sandra | AllgäuRunners | W 20 | 20 | 0:32:00 0:31:46 |
| 324 | 2187 | FALSAPERNA, Katja | Durach | W 30 | 10 | 0:31:55 0:31:51 |
| 325 | 2335 | REES, Susanne | Laufteam Dres. Heigl, Hettich & Partne | W 40 | 14 | 0:32:21 0:31:56 |
| 326 | 2222 | BRETTSCHEIDER, Stefanie | Kempton | W 45 | 15 | 0:32:12 0:31:57 |
| 327 | 2219 | KISEL-EBENHOCH, Angela | Königsbrunn | W 45 | 16 | 0:32:13 0:31:58 |
| 328 | 2069 | HARTMANN, Maria | TSV Obergünzburg | W 55 | 3 | 0:32:16 0:32:04 |
| 329 | 2046 | GEITNER, Verena | SpardaYoung+ | Jg A W | 4 | 0:32:22 0:32:05 |
| 330 | 2115 | BRUNNER, Erwin | DB Regio AG, Regio Allgäu | M 50 | 11 | 0:32:40 0:32:06 |
| 331 | 2476 | MERTEN, Christine | Burning Socks | W 35 | 14 | 0:32:26 0:32:07 |
| 332 | 2455 | HAYER, Pauline | Kempton | Sch C W | 5 | 0:32:17 0:32:09 |
| 333 | 2378 | PAPROTNY, Julia | Wiggensbach | Sch B W | 11 | 0:32:58 0:32:17 |
| 334 | 2217 | FABER, Andreas | Kempton | M 30 | 13 | 0:32:33 0:32:18 |
| 334 | 2474 | NICOLOSI, Kevin | Kempton | Sch A M | 15 | 0:32:28 0:32:18 |
| 336 | 2038 | KREUZER, Thomas | SpardaYoung+ | M 35 | 21 | 0:32:33 0:32:19 |
| 337 | 2127 | KOPF, Werner | Dietmannsried | M 55 | 5 | 0:32:31 0:32:22 |
| 338 | 2109 | STEINER, Sarah | TV Kempton | Sch C W | 6 | 0:32:39 0:32:23 |
| 339 | 2454 | HAYER, Luzie | Kempton | Sch C W | 7 | 0:32:35 0:32:27 |
| 339 | 2456 | HÄßLER, Annette | Kempton | W 40 | 15 | 0:32:35 0:32:27 |
| 341 | 2466 | BERNICK, Hannah | Kempton | Sch A W | 8 | 0:32:48 0:32:33 |
| 342 | 2323 | MAUDERER, Daniela | UWT GmbH | W 30 | 11 | 0:32:46 0:32:41 |
| 343 | 2110 | STEINER, Amelie | TV Kempton | Sch D W | 2 | 0:32:57 0:32:42 |
| 344 | 2276 | D'ANGELO, Roland | SV 1929 Kempton | M 40 | 30 | 0:33:10 0:32:43 |
| 344 | 2356 | STEINER, Johannes | RSC Logwin Kempton | M 45 | 30 | 0:32:59 0:32:43 |
| 344 | 2467 | BERNICK, Andrea | Kempton | W 40 | 16 | 0:32:59 0:32:43 |
| 347 | 2186 | FRAIDLING, Anna | Kaufbeuren | Sch A W | 9 | 0:33:10 0:32:45 |
| 347 | 2275 | D'ANGELO, Alicia | SV 1929 Kempton | Sch B W | 12 | 0:33:11 0:32:45 |
| 349 | 2085 | FACKLER, Alexandra | | W 40 | 17 | 0:33:00 0:32:46 |
| 350 | 2453 | PROKESCH, Annalena | TSV Durach | Sch C W | 8 | 0:33:28 0:32:54 |
| 351 | 2253 | KUGLER, Mario | SV 1929 Kempton | Sch A M | 16 | 0:33:10 0:33:01 |
| 352 | 2149 | EPPINGER, Lukas | SC Pöcking-Possenhofen | Sch A M | 17 | 0:33:22 0:33:06 |
| 352 | 2384 | KIESLING, Thomas | Ski Club Kempton | M 35 | 22 | 0:33:23 0:33:06 |
| 354 | 2383 | KIESLING, Tamina | Ski Club Kempton | Sch C W | 9 | 0:33:23 0:33:07 |
| 355 | 2039 | LIPP, Christina | SpardaYoung+ | W 20 | 21 | 0:33:24 0:33:08 |
| 356 | 2336 | HAJDARI, Arlinda | Laufteam Dres. Heigl, Hettich & Partne | W 20 | 22 | 0:33:33 0:33:09 |
| 357 | 2262 | GRÜNEWALD, David | SV 1929 Kempton | Sch C M | 22 | 0:33:27 0:33:16 |
| 358 | 2254 | KUGLER, Timo | SV 1929 Kempton | Sch D M | 4 | 0:33:43 0:33:34 |
| 359 | 2283 | LEIDERER, Justin | SV Heiligkreuz F-Jugend | Sch D M | 5 | 0:34:04 0:33:35 |
| 360 | 2301 | PROBST, Jennifer | OTT Messtechnik | W 20 | 23 | 0:34:06 0:33:41 |
| 361 | 2032 | STEPHAN, Pia | SSV Wildpoldsried | W 45 | 17 | 0:33:58 0:33:46 |
| 362 | 2066 | KLARIN, Cornelia | TSV Buchenberg | W 40 | 18 | 0:34:18 0:33:47 |
| 363 | 2332 | JAKOB, Melanie | Laufteam Dres. Heigl, Hettich & Partne | W 20 | 24 | 0:34:17 0:33:53 |
| 364 | 2045 | SCHLEICHER, Anja | SpardaYoung+ | W 20 | 25 | 0:34:23 0:34:07 |
| 365 | 2031 | HÜBNER, Alexandra | SSV Wildpoldsried | W 35 | 15 | 0:34:20 0:34:08 |
| 366 | 2227 | KNAUTH, Ingrid | ept joggers | W 45 | 18 | 0:34:39 0:34:15 |
| 366 | 2334 | KUNZE, Silvia | Laufteam Dres. Heigl, Hettich & Partne | W 40 | 19 | 0:34:32 0:34:15 |
| 368 | 2324 | PAINTINGER, Sylvia | ept Joggers | W 30 | 12 | 0:34:40 0:34:25 |
| 368 | 2325 | SING, Carmen | ept Joggers | W 35 | 16 | 0:34:39 0:34:25 |
| 370 | 2226 | GERBL, Sabine | ept joggers | W 40 | 20 | 0:34:52 0:34:29 |
| 371 | 2072 | GANSNEDER, Ludwig | TSV Buchenberg | M 40 | 31 | 0:35:18 0:34:35 |
| 372 | 2130 | NESTLER, Karolin | Kaufbeuren | W 20 | 26 | 0:35:01 0:34:45 |
| 373 | 2071 | GANSNEDER, Lili | TSV Buchenberg | W 35 | 17 | 0:35:18 0:34:53 |
| 374 | 2148 | EPPINGER, Ursula | SC Pöcking-Possenhofen | W 40 | 3 | 0:35:23 0:34:56 |
| 375 | 2196 | IRRINGER, Peter | Meckatzer Löwenbräu | M 45 | 31 | 0:35:25 0:34:57 |
| 375 | 2204 | IRRINGER, Michaela | Meckatzer Löwenbräu | W 45 | 19 | 0:35:25 0:34:57 |
| 377 | 2114 | GEBLE, Karin | DB Regio AG, Regio Allgäu | W 55 | 4 | 0:35:19 0:34:58 |
| 378 | 2134 | SÜSS, Ivette | ept-joggers | W 35 | 18 | 0:35:33 0:35:10 |
| 379 | 2289 | DÖRR, Marina | OTT Messtechnik | W 20 | 27 | 0:35:39 0:35:26 |
| 380 | 2288 | DÖRR, Marika | OTT Messtechnik | W 50 | 3 | 0:35:42 0:35:28 |
| 381 | 2266 | RIZZO, Claudia | AllgäuStrom | W 20 | 28 | 0:35:33 0:35:29 |
| 382 | 2052 | STRASSMEIER, Hannah | TV Probstried | Sch B W | 13 | 0:35:42 0:35:34 |
| 383 | 2100 | MAIR, Petra | | W 35 | 19 | 0:36:00 0:35:45 |

| Platz | StNr | Name | Verein | Klasse | Platz | Zeit Brutto / Netto |
|-------|------|-----------------------|---------------------------|---------|-------|---------------------|
| 384 | 2375 | WICHMANN-PREHM, Cara | Kaufbeuren | Sch C W | 10 | 0:36:10 0:35:46 |
| 385 | 2185 | WICHMANN-PREHM, Aline | Kaufbeuren | Sch A W | 10 | 0:36:22 0:35:59 |
| 386 | 2118 | WAIBEL, Fridolin | DB Regio AG, Regio Allgäu | M 55 | 6 | 0:37:57 0:37:24 |
| 387 | 2119 | WAIBEL, Rosa | DB Regio AG, Regio Allgäu | W 50 | 4 | 0:37:57 0:37:25 |
| 388 | 2068 | WAIBL, Claudia | Kempten | W 20 | 29 | 0:37:51 0:37:42 |
| 389 | 2278 | GRUß, Benjamin | Gerhardinger Haus | Sch C M | 23 | 0:39:06 0:38:32 |
| 390 | 2248 | GRÖGER, Dietmar | Weitnau | M 45 | 32 | 0:39:55 0:39:34 |
| 391 | 2247 | GRÖGER, Tamara | Weitnau | Sch A W | 11 | 0:39:55 0:39:35 |
| 392 | 2044 | SETH, Kerstin | SpardaYoung+ | W 20 | 30 | 0:40:50 0:40:33 |
| 393 | 2026 | DIET, Jördis | Buchenberg | W 65 | 1 | 0:42:51 0:42:34 |